Creating a College-Going Culture
# Table of Contents

Welcome to W.C. Overfelt High School ......................................................... 1  
The Overfelt Family – Achieving Excellence Together ............................... 2  
Academies & Advanced Placement Courses ............................................... 3  
School Culture & Community .................................................................... 4  
Athletic Programs, Extracurricular Activities & Clubs ................................. 5  
Meet Our Graduates Now In College ......................................................... 6  
Meet our Dedicated Teachers ..................................................................... 7  

## Preparing for College

Types of Colleges & Universities ............................................................... 8  
The Spartan East Side Promise, a Pathway to College ............................... 9  
High School Graduation Requirements ..................................................... 10  
California A-G Requirements .................................................................... 11  
Four-Year Course Planner ......................................................................... 12  
Roadmap for Success – Planning for College ............................................ 13  
A Glossary of College Preparatory Terms ............................................... 14  
Resources for College Preparation ........................................................... 15  
Good Study Habits .................................................................................... 16  
Graduate Profile ....................................................................................... 17
Welcome to William C. Overfelt High School

My name is Vito Chiala, principal at Overfelt High School, and the teachers, staff, and I welcome you to our Royal family. We want you to know that regardless of the obstacles we are all facing, we are committed to providing a high quality education in a safe and supportive environment.

In this booklet, you will learn about what makes Overfelt the right school for your student. It starts with our challenging academic programs offered within a comprehensive student support network. This is complemented by a wide range of activities that engage students in the school and the community. All of this occurs on our modern, safe and welcoming campus.

The high school experience at Overfelt begins with our summer bridge program for all incoming freshmen. In this five week program our newest Royals learn what it means to be part of the Overfelt family while getting a head start on the habits for high school success.

At Overfelt, students are scheduled into smaller learning communities that personalize the high school experience by teaming students with teachers for four years of high school. Fiat Lux, Puente, and AVID are all college preparatory academies. There are also three career based academies that prepare students for college while engaging them in the career interests of Child Development & Education, Engineering, or Multimedia Production.

We offer advanced classes in all areas including more than 30 Advanced Placement classes. We also offer a variety of college preparatory electives. At each grade level, counselors meet with students to create a schedule that is aligned with their personal and academic goals. To support students academically, we offer tutoring after school and on Saturdays and have City Year tutors in every ninth grade class.

Apart from our strong academics, we offer a variety of athletic programs. We also offer an array of activities and clubs, including music, art, dance, and student travel. One of the highlights of the year at Overfelt is our Multicultural Assembly with hundreds of students performing a variety of cultural dances in front of the entire school community.

Involving parents in meaningful ways is important at Overfelt. We understand that parents and guardians have the power to shape student's attitudes and beliefs about the value and importance of education.

Respectfully, Vito Chiala
Principal
The Overfelt Family – Achieving Excellence Together

- On average, 80% of students that graduate from Overfelt enroll in college within a year after high school. (Class of 2018, Nat’l Student Clearinghouse)

- Students that come in as freshmen and stay for all 4 years have higher graduation and A-G success rates. **4-Year Local Cohort Graduation Rate: 92.9% (Class of 2018)**

- We offer a Summer Bridge Program that advances all incoming 9th grade students through one college preparatory class.

- We have **four academic counselors** and a comprehensive student support services team as well as several pre-college partners.

- Our newest building hosts our new front office, state of the art theater, and modern art and music classrooms. It is the crown jewel of our Royal campus.

- All of our 11th grade students take the SAT exams at no cost during the school day.

- We have an experienced and highly qualified teaching staff with an average of 15 years of experience in the classroom.

- We have 3 career based academies: Child Development & Education, Engineering, and Multimedia Production.
  - The Child Development Academy provides lab experience and certification.
  - The Engineering Academy integrates academic classes with real-world engineering and Silicon Valley experiences.
  - The Multimedia Academy provides high quality facilities and partners with local studios.

- We have 3 college preparatory academies, AVID, Puente, and Fiat Lux, that provide rigorous academics with the support of a smaller community of teachers and students.

- 13 teachers have participated in Yale University’s National Fellows Program.

- We offer Advanced Placement classes in English, Math, Science, World Languages, Social Sciences, and the Arts. AP test fees are paid for by the school.

- The START Program, attended by hundreds of students, provides free tutoring, academic support, and enrichment activities 2 Saturdays out of the month.

- City Year provides 8 recent college graduates to support all incoming ninth grade students in the English, math, science and history classes. They are also available after school daily to provide academic support for all students.

- The Parent and Community Center is staffed by a full time person and supported by School Linked Services to connect parents to our school and provide support for the entire family.
Academies and Advanced Placement Courses

College Preparatory Academies

**Advanced Academic Program**
*Fiat Lux* provides academic preparation beyond basic UC a-g requirements and develops skills beyond those of the classroom in order to prepare students for success at highly selective colleges and universities.

**AVID Program**
AVID is a university preparation program that accelerates students into challenging AP and other college prep courses. AVID supports students by providing academic reading and writing skills and tutorial help.

**Puente Program**
Puente serves student populations that are underrepresented at four-year colleges. It incorporates career and community activities with an expectation that students will return to their communities as leaders.

Career Technical Education Pathways

**Child Development & Education**
This pathway provides students with the theoretical and hands-on-experiences in early childhood education that are needed for a career working with children and young adults.

**Electronics Academy**
Electronics gives students the knowledge to solve complex problems in a real-world context. Beyond math, science and engineering, it develops skills in collaboration, communication, and critical thinking.

**Digital Arts and Music Academy**
Students will have access to high quality facilities, caring and knowledgeable staff, and the academic and professional learning opportunities that prepare students for college and career.

Advanced Placement - Earning College Credit through AP Exams

**The AP Program**
Advanced Placement (AP) is a program administered by The College Board and consists of standardized high school courses that are equivalent to undergraduate college courses. After completing an AP class, students take the AP exam in that subject, which can earn them credits and accelerated placement in college.

**AP Exams**
- Biology
- Calculus A/B
- Calculus B/C
- Chemistry
- Computer Science
- English Language and Composition
- English Literature and Composition
- European History
- French Language
- Human Geography
- Physics
- Psychology
- Seminar
- Spanish Language
- Spanish Literature
- Statistics
- Studio Art: Drawing
- U.S. History
- U.S Government & Politics
School Culture and Community

We cherish our role in the community and endeavor to continue to be a source for artistic and cultural expression and community involvement. We offer events that welcome our students’ families and friends.

- Band Concerts
- Booster Club and School Site Council
- Weekly Cafecito with Parents and School Staff
- School Dances
- District-wide College Night
- College Days
- Club Day Food Festivals
- Overfelt Community Clinic
- City Year Tutoring
- Multicultural Assembly and Community Performance
- Art and Music Festival
- Overfelt Summer Jam
- Parent, Student, Teacher Conference Nights
- Parent Empowerment Conference
- Parent Workshops (Bilingual)
- Participatory Budgeting
- Schoolwide Assemblies
- Drama Performances and Talent Shows
- Field Trips to Colleges and Universities
Extracurricular Activities

OVER 30 CLUBS AND ORGANIZATIONS

• Aztec
• Black Student Union
• Bollywood
• FASA (Filipino)
• French
• Gender and Sexualities Alliance
• Japanese
• Chinese-Vietnamese-Korean
• La Raza Unida
• Polynesian
• Salsa
• Samoan
• Soñadores
• Calif. Scholarship Federation
• MESA
• National Honor Society
• Anime
• Art
• AVID
• Boxing & Mixed Martial Arts
• Californians for Justice
• Chess
• Curious Minds
• Gaming
• Fellowship of Christian Athletes
• Global Glimpse
• Handball
• Bachata
• Interact
• LINKS
• Urban Debate
• Royal Theatre Company
• Yoga

20 VARSITY SPORTS

FALL SPORTS
• Cheerleading (Co-Ed)
• Cross-Country (M)
• Cross-Country (F)
• Football
• Tennis (W)
• Volleyball (W)

WINTER SPORTS
• Basketball (M)
• Basketball (W)
• Competition Cheer
• Soccer (M)
• Soccer (W)
• Wrestling (M)
• Wrestling (W)

SPRING SPORTS
• Badminton (Co-Ed)
• Baseball (M)
• Softball (W)
• Swimming (M)
• Swimming (W)
• Track and Field (M)
• Track and Field (W)
• Volleyball (M)
Meet Our Graduates Now in College

Heidy Hernandez
Class of 2020
Sacramento State University
“I believe Overfelt has done an amazing job of building a community that supports one another. I always felt I had someone in my corner offering to help. I love the relationships I built & the atmosphere I was placed in to grow.”

Timothy Nguyen
Class of 2020
MIT (Massachusetts Institute of Technology)
“It doesn’t matter if you love science, writing, or music. There’s a home for everyone, because we all come from different backgrounds. Overfelt does its best to foster whatever passions a student might have and to make sure no one gets left behind.”

Samuel Ramos
Class of 2018
San José State University
“It is thanks to the amazing work of the teachers and staff at Overfelt that hundreds of students, like myself, are able to make higher education a reality.”

Lisette Muñiz
Class of 2019
UC Merced
“Fiat Lux gave me a space where I could be around other students with a college mindset, a willingness to succeed, supportive teachers, and the confidence to be a strong leader.”

Joanne Norman
Class of 2017
University of San Francisco
“I promise to one day come back and give just as much inspiration to the students who come after me that I have been given in my high school career.”

Jennifer Ngo
Class of 2019
UC Davis
“The AVID program taught me that college is within my reach and it is within reach for any student that is willing to put in the hard work. The staff was there to support me every step of the way to achieve my goal of attending college!”
...and Some Who Have Come Back as Teachers

**Marissa Brown**
Overfelt Class of 1998
Degrees: B.A. in Sociology, Santa Clara University; M.A. in Secondary Education, Univ. of Phoenix. Past Math Dept Co-Chair, Club Adviser to BSU and FCA, Yale University Fellowship
First Year at Overfelt: 2006
“Never forget where you came from and always praise the bridges that carried you over.”
— Fannie Lou Hamer

**Nilda Calvo**
Overfelt Class of 1995
Degrees: B.A. in Spanish, Santa Clara University; M.A. in Educational Leadership, SJSU
Teaches: Spanish (+ for Heritage Speakers), AP Spanish Language, AP Spanish Literature
First Year at Overfelt: 2002
“El más terrible de los sentimientos es el sentimiento de tener la esperanza perdida.”
— Federico García Lorca

**Gabriela Chairez**
Overfelt Class of 2004
Degrees: BA in Sociology and Chicana/o Studies UCSB, MA Counseling Education and Pupil Personnel Services Credential SJSU Counselor, Puente Co-coordinator
First Year at Overfelt: 2017
“Education is the most powerful weapon which you can use to change the world.”
— Nelson Mandela

**Van Nguyen**
Overfelt Class of 1993
Degree: B.A. Art Education, SJSU
Teaches: Photography 1-4
First Year at Overfelt: 2005
“Do something creative every day.”

**Araceli Rodriguez**
Overfelt Class of 1993
Degrees: B.A. in Social Work, San Diego State; M.A. in Special Education, SJSU
Teaches: English 1, Read 180
First Year at Overfelt: 2005
“I'm always proud to say I'm an Overfelt graduate, but even more proud to say I work here among the best educators!”

**Truc Tran**
Overfelt Class of 2000
Degree: B.S. in Mathematics, SJSU
Teaches: all levels of math up to Calculus A/B
First Year at Overfelt: 2005
“If you fall down, get up, and start walking again.”
Preparing for College

Types of Colleges

Public Universities
(tuition is partially or fully paid by the public)

University of California (UC)
- 9 Campuses
  - Berkeley
  - UCLA
  - Santa Barbara
  - San Diego
  - Santa Cruz
  - Riverside
  - Merced

Cal State University (CSU)
- 23 Campuses
  - Bakersfield
  - Channel Islands
  - Chico
  - Dominguez Hills
  - East Bay
  - Fresno
  - Fullerton
  - Humboldt State
  - Long Beach
  - Los Angeles
  - Cal Poly Pomona
  - Sacramento
  - San Bernardino
  - San Francisco State
  - San Jose State
  - Cal Poly, SLOz
  - San Marcos
  - Sonoma State
  - Stanislaus

2-year Community Colleges
- 113 Campuses
  - Local Examples:
    - Evergreen Valley College
    - De Anza College
    - Foothill College
    - Gavilan College
    - Mission College
    - Ohlone College

Private Universities
(tuition is paid by the individual)
- Brown
- Carnegie Mellon
- Cal Tech
- Columbia
- Cornell
- Duke
- Harvard
- Howard
- Johns Hopkins
- M.I.T.
- Mills
- New York Univ.
- Notre Dame
- Princeton
- Reed
- Santa Clara
- Stanford
- U. of Chicago
- U. of Miami
- U. of Pennsylvania
- U. of the Pacific
- U. of San Francisco
- USC
- Williams
- Yale

[Map of University of California (UC) and California State University (CSU) Systems]
The Spartan East Side Promise

The Spartan East Side Promise provides a pathway to guaranteed general admission to San José State University (SJSU) by clearly specifying admission requirements and actively sharing this information with students and families at the East Side Union High School District (ESUHSD).

By identifying the specific criteria for guaranteed SJSU general admission as part of the Spartan East Side Promise, ESUHSD students will know what is expected early in their academic careers. Student entering as a freshman in high school is guaranteed the same criteria when the student applies in their senior year.

GOALS
The goals of the Spartan East Side Promise are:

- To increase the number of ESUHSD students applying to and being admitted to college
- To contribute to a college-going culture within the ESUHSD based on a shared commitment to diversity and equity

Students graduating from an East Side Union high school will qualify for guaranteed general admission to SJSU if the following conditions are met:

- Graduate from East Side Union High School District
- Successfully complete all A-G college preparatory courses with grades of C- or better
- Apply to SJSU by November 30th
- Take the SAT or ACT and submit the official test scores to SJSU
- Require no developmental coursework as determined by Math/ English placement test scores
- Meet the Eligibility Index (EI) to the intended major (2900 or higher) or meet the minimum EI of 3300 (SAT) or 790 (ACT) to be guaranteed admission to Undeclared. All EI's are subject to verification of the final high school transcript
  - The Eligibility Index (EI) is a combination of the GPA from your A-G classes and your SAT or ACT score
  - See calstate.edu for an EI calculator
- Meet all SJSU application procedures and deadlines

Contact: outreach@sjsu.edu or 408-924-2564
High School Graduation Requirements

AT EACH GRADE LEVEL:

- Parents and students should check class selections

- Parents and students should review semester report card and if your student has failed any courses, explore summer school options (contact school counselor)

- Parents and students should review credit status to ensure the student is on track and taking the necessary courses for graduation

- Learn about free tutoring or help that’s available if your child is struggling in any subject area

- Schools offer Cyber High as an option for credit and grade recovery (contact school counselor)

- Other options: If your child does not earn the appropriate number of credits each semester, she/he may fall behind and not be ready to graduate in four years. You and your child should explore other pathways to graduation in our alternative schools, Foothill High School and Calero High School (contact school counselor)

It takes 220 credits in the following areas:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Students must pass:</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>English</strong></td>
<td>Students must pass: 4 years of English</td>
<td>40</td>
</tr>
<tr>
<td><strong>Social Science</strong></td>
<td>Students must pass: 1 year of World History, 1 year of United States History, 1 semester of Economics, 1 semester of American Government</td>
<td>30</td>
</tr>
<tr>
<td><strong>Mathematics</strong></td>
<td>Students must pass: CCSS Math 1, CCSS Math 2 (or higher level courses)</td>
<td>20</td>
</tr>
<tr>
<td><strong>Science</strong></td>
<td>Students must pass: 1 year of physical and 1 year of biological college prep lab science</td>
<td>20</td>
</tr>
<tr>
<td><strong>Fine Arts/Foreign Language</strong></td>
<td>Students must pass: 1-year course in Fine Arts or Foreign Language</td>
<td>10</td>
</tr>
<tr>
<td><strong>Physical Education</strong></td>
<td>Students must pass: 2 years of Physical Education (1 year must be taken in grade 9)</td>
<td>20</td>
</tr>
</tbody>
</table>

**Total Credits:** 220
# California A-G Requirements

**WHAT IS A-G?**

The Subject Requirement, more commonly referred to as the “A-G” subject requirements, is 1 of 3 requirements needed to enter the University of California (UC) and Cal State University (CSU) as a freshman. Students must complete a pattern of 15 college-preparatory courses.

The chart below shows how the ESUHSD Graduation Requirements align with the A-G requirements.

<table>
<thead>
<tr>
<th></th>
<th>ESUHSD Requirements must be passed with a D or higher</th>
<th>A-G Requirements must be passed with a C or higher</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>A</strong> Social Science</td>
<td>30 Credits</td>
<td>20 Credits</td>
</tr>
<tr>
<td><strong>B</strong> English</td>
<td>40 Credits</td>
<td>40 Credits</td>
</tr>
<tr>
<td><strong>C</strong> Mathematics</td>
<td>20 Credits</td>
<td>30 Credits (40 recommended)</td>
</tr>
<tr>
<td><strong>D</strong> Lab Sciences</td>
<td>20 Credits</td>
<td>20 Credits (30 recommended)</td>
</tr>
<tr>
<td><strong>E</strong> World Languages</td>
<td>10 Credits of either World Language or Visual/Performing arts</td>
<td>20 Credits of the same language other than English, or through the second level of high school instruction (30 recommended)</td>
</tr>
<tr>
<td><strong>F</strong> Visual and Performing Arts</td>
<td></td>
<td>10 Credits</td>
</tr>
<tr>
<td><strong>G</strong> Electives</td>
<td>80 Credits</td>
<td>10 Credits</td>
</tr>
<tr>
<td><strong>Physical Education</strong></td>
<td>20 Credits</td>
<td></td>
</tr>
</tbody>
</table>

There are variations between UC and CSU A-G Requirements. **Students should consult with their counselor about the specific colleges they wish to attend.**

A student’s grade point average (GPA) and test scores will also be considered. **In order to be competitive, students should plan to take higher levels of courses** that exceed the A-G requirements. Students should consult their counselor for guidance. **Students can get ahead by taking Advanced Placement courses** in Mathematics and Science courses as Electives.
Four-Year Course Planner

Yearly “To-Do List”:

**AT EACH GRADE LEVEL:**
- Meet with your high school counselor to ensure that you are on track to meet A-G requirements and ensure enrollment in these classes
- Counselors will walk students through a Guidance Plan to realize their college and career potential
- Students can get ahead by taking Mathematics and Science courses as electives

### 9th GRADE

<table>
<thead>
<tr>
<th>Course</th>
<th>Which A-G?</th>
<th>What to do to be College-Ready:</th>
</tr>
</thead>
<tbody>
<tr>
<td>English 1/1A</td>
<td>B</td>
<td>• Become acclimated with your ESUHS D high school campus</td>
</tr>
<tr>
<td>CCSS Math 1</td>
<td>C</td>
<td>• Students should have 60 units at the end of 9th grade</td>
</tr>
<tr>
<td>Biology</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>World Lang. 1</td>
<td>E</td>
<td></td>
</tr>
<tr>
<td>Art or Elective P.E.</td>
<td>F/G (none)</td>
<td></td>
</tr>
</tbody>
</table>

### 10th GRADE

<table>
<thead>
<tr>
<th>Course</th>
<th>Which A-G?</th>
<th>What to do to be College-Ready:</th>
</tr>
</thead>
<tbody>
<tr>
<td>English 2/2A</td>
<td>B</td>
<td>• Become acclimated with your ESUHS D high school campus</td>
</tr>
<tr>
<td>CCSS Math 2</td>
<td>C</td>
<td>• Students should have 60 units at the end of 9th grade</td>
</tr>
<tr>
<td>Chemistry</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>World Lang. 2</td>
<td>E</td>
<td></td>
</tr>
<tr>
<td>Art or Elective P.E.</td>
<td>F/G (none)</td>
<td></td>
</tr>
</tbody>
</table>

### 11th GRADE

<table>
<thead>
<tr>
<th>Course</th>
<th>Which A-G?</th>
<th>What to do to be College-Ready:</th>
</tr>
</thead>
<tbody>
<tr>
<td>U.S. History</td>
<td>A</td>
<td>• For UC/CSU College Testing Recommendation: PSAT in the Fall and SAT or ACT in the Spring</td>
</tr>
<tr>
<td>English 3</td>
<td>B</td>
<td>• SAT Subject Tests usually taken at the end of the year the subject area course is completed</td>
</tr>
<tr>
<td>CCSS Math 3</td>
<td>C</td>
<td></td>
</tr>
<tr>
<td>Physics</td>
<td>D</td>
<td></td>
</tr>
<tr>
<td>World Lang. 3</td>
<td>E</td>
<td></td>
</tr>
<tr>
<td>Art or Elective</td>
<td>F/G</td>
<td></td>
</tr>
</tbody>
</table>

### 12th GRADE

<table>
<thead>
<tr>
<th>Course</th>
<th>Which A-G?</th>
<th>What to do to be College-Ready:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gov’t/Economics</td>
<td>A</td>
<td>• For UC or CSU: College Testing Recommendation: SAT or ACT Assessment plus Writing retest in the Fall to improve your score</td>
</tr>
<tr>
<td>English 4</td>
<td>B</td>
<td>• Apply to colleges and universities</td>
</tr>
<tr>
<td>Math Analysis</td>
<td>C</td>
<td>• Apply for FAFSA as soon as possible after October 1</td>
</tr>
<tr>
<td>Science</td>
<td>D</td>
<td>• Apply for scholarships</td>
</tr>
<tr>
<td>Language</td>
<td>E/F/G</td>
<td>• Students should have a minimum of 220 units completed at the end of 12th grade</td>
</tr>
<tr>
<td>Art or Elective</td>
<td>F/G</td>
<td></td>
</tr>
</tbody>
</table>
Roadmap to Success

Step 1: Know what A-G courses are required

Step 2: Know when to take your A-G courses

Step 3: Take the PSAT (Practice SAT)
   It will be given in school in your sophomore year

Step 4: Take the EAP Exam
   It is part of the Grade 11 California Standards Test. It can take the place of CSU placement tests and certify that you are “college ready”

Step 5: Take the SAT and ACT Exams
   At least one is required for 4-year college applications

Step 6: Apply to colleges in the fall of your senior year

Step 7: Paying for college
   Do your FAFSA, check for scholarships and college financial aid
A Glossary of College Preparatory Terms

AP (Advanced Placement): Program administered by the College Board, consists of standardized high school courses that are equivalent to undergraduate college courses. AP Exams can earn students college credit and accelerated placement in college.

ACT (American College Testing): 3 1/2 hour national college admissions exam that tests students knowledge in English, Math, Reading and Science.

CAASPP (California Assessment of Student Performance and Progress): a testing system intended to provide information that can be used to monitor student progress and ensure that all students leave high school ready for college and career.

CSU (Cal State University System): The CSU system is developed for practical applications and non-research oriented career candidates. CSU schools tend to focus on maintaining small, direct class sizes. Classes at CSU campuses are usually taught directly by a professor rather than a graduate assistant, as with some UC campuses.

College Entrance Exams: Standardized, national tests that students will need to take to be considered for college (SAT, ACT).

District College Night: Many colleges and universities attend this event and provide materials and answer any questions. It takes place at Independence High School in September. Students and parents/guardians are welcome to attend at any grade level.

Dual Enrollment: Students are enrolled concurrently in either College Connection Academy or Accel Middle College and taking college courses in one of the District's partnerships with Evergreen Valley College or San Jose State University.

EAP (Early Assessment Program): Take this exam as part of the Grade 11 California Standards Test. It can take the place of CSU placement tests and certify you as “college ready”.

FAFSA (Free Application for Federal Student Aid): Single most important application for need-based financial assistance. It is a federal form that looks at your need and determines a student's eligibility for federal, state, and college sponsored financial aid, including grants, educational loans, and work study programs.

GPA (Grade Point Average): A number representing the average value of the accumulated final grades earned in courses over time. A student's grade point average is calculated by adding up all accumulated final grades and dividing that figure by the number of grades awarded.

Grants and Scholarships: Represent financial support awarded based on merit or merit plus need. They do not need to be repaid.

Internships: Student internships available through our alliances with Strive San Jose and Genesys Works Bay Area.

Magnet & Career Technical Programs: Rigorous programs that focus on a special study and academic pathway.

PSAT (Preliminary Scholastic Aptitude Test): Administered by the same company that has created the SAT, this is a “Practice” version.

SAT (Scholastic Aptitude Test): Three 34-hour tests that measure critical thinking, mathematical reasoning and writing skills. Most colleges require that students take this or the ACT as a college entrance requirement.

STEM: Science, Technology, Engineering and Mathematics

UC (University of California System): UC campuses are known for their approach in developing students that have strengths in research, theory and studies. The UC system relies based on a self-motivated style of learning. UC is particularly appropriate for those seeking educational options beyond a bachelor's degree.
Resources for College Preparation

SCHOOL-SPECIFIC RESOURCES

Advanced Academic Program: called Fiat Lux on campus, it is a 4-year program focused on developing the knowledge and skills necessary to succeed in highly competitive colleges and universities (e.g., the UC system and private colleges).

AVID: Advancement Via Individual Determination, a 4-year program focused on improving A-G course completion in order to qualify for 4-year universities.

USEFUL WEBSITES

ACT: actstudent.org
AP: apstudent.collegeboard.org
California Colleges (college/career planning): californiacolleges.edu
Cal-SOAP: sanjosecalsoap.com/
College Board: collegeboard.org
College Toolkit: collegekit.com
Community College: home.cccapply.org
CSU: www.calstate.edu
Dream Act: https://dream.csac.ca.gov
EAP/CSU: calstate.edu/eap
Fast Web (Scholarship Site): fastweb.com
Federal Student Aid (FAFSA): fafsa.ed.gov and studentaid.ed.gov/sa/prepare-for-college/checklists/12th-grade
Financial Aid: finaid.org
Financial Aid Advice: college-financial-aid-advice.com
First in the Family: firstinthefamily.org
For Undocumented Students: finaid.org/otheraid/undocumented.phtml and https://mydocumentedlife.org

PCIS: Parent & Community Involvement Specialist: Rick Ramirez, ramirezri@esuhsd.org, (408) 347-5926

Puente Program: Helps to improve the college-going rate of disadvantaged students and increase the number of students enrolling in 4-year universities.

Gates Millenium Scholars Fund: gmsp.org
Gerald & Dorothy Erich Endowment Fund Scholarship: rotariesjee.org
Go For It Scholarships: esuhsd.org/ Students--Parents/Resources/ Student-Resources/Go-For-It- Scholarship--/index.html
Hispanic Association of Colleges and Universities: hacu.net
Historical Black Colleges & Universities (HSBC): hbcuconnect.com
Hispanic Heritage Scholarship List: hispanicheritage.org/youth.php
Hispanic Scholarship Fund: https://www.hsf.net
NAACP Scholarship Opportunities: naacp.org/page/s/scholarship2
SAT: collegeboard.com/student/testing/sat/reg.html
Scholarships.com: scholarships.com
Silicon Valley Community Foundation: https://www.siliconvalleycf.org/scholarships
UC: universityofcalifornia.edu
United Negro College Fund: uncf.org
200 Free Scholarships for Minorities: blackexcel.org/200-Scholarships.html
Good Study Habits & Additional Tips

SUPPORT Good Study Habits
• Set a regular time for study each day.
• Designate a quiet, well-lit area as your child’s studying zone.
• Limit distractions: No cell phone, video games, internet surfing or television.
• Encourage your child to use the local public library. It’s a quiet place to study and a great place for school research projects.
• Ensure your child gets a good night’s sleep and eats a healthy breakfast.

CREATE A SUMMER READING LIST
Teachers, librarians and counselors may be able to provide reading recommendations.

ADDITIONAL TIPS
• Discuss your child’s college goals with counselors and teachers.
• Fill out school lunch forms; this might help you obtain fee waivers for SAT and ACT.
• Meet with teachers and counselors every year.
• Help your student start a college information folder.
• Visit colleges and make sure that you understand the admissions criteria and application process. Some colleges have virtual tours online.
• Have your child sign up for a free account at www.collegeboard.org.
• Make sure your child creates an appropriate email address that he or she can use for communication to colleges, possible summer jobs and internships.
• Remind your child that entries on Facebook and other social networking sites may be accessible to college admissions officers.
• Join the School Site Council or ELAC (English Language Advisory Committee) and attend meetings.
• Attend high school Open Houses, Coffee with the Principal and information sessions.
• Attend workshops throughout the year for college applications, financial aid, parenting, etc.
Graduate Profile

East Side graduates are prepared for college and career, powered with a plan and ready to thrive in a global society. ESUHSD graduates are:

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMMUNICATORS</td>
<td>Present and consider ideas using a variety of communication methods and technology appropriate to the audience and task.</td>
</tr>
<tr>
<td>CRITICAL THINKERS – PROBLEM SOLVERS</td>
<td>Develop and propose solutions to current and future challenges through a process of inquiry, analysis and inference.</td>
</tr>
<tr>
<td>COLLABORATORS</td>
<td>Work effectively with others to build knowledge and create solutions &amp; products.</td>
</tr>
<tr>
<td>CREATORS</td>
<td>Formulate new ideas, individual responses and develop plans of action when faced with a task or problem.</td>
</tr>
<tr>
<td>COMMUNITY MEMBERS</td>
<td>Identify issues, seek out information, and gather perspectives to respond to challenges affecting our community.</td>
</tr>
<tr>
<td>POWERED WITH A PLAN</td>
<td>Students graduate with a plan to take the next step toward success in their path of study and career.</td>
</tr>
</tbody>
</table>

Join the 5,027 students who graduate each year ready to drive Silicon Valley.
Our Vision
Every student graduates prepared for college and career empowered to transform their lives and thrive in a global society.

Our Mission
To provide a safe, caring learning environment where students achieve the academic, aesthetic, personal and social development required to continue learning, pursue post secondary education, compete in a changing job market, and participate in a multicultural democratic society.

WILLIAM C. OVERFELT HIGH SCHOOL
1835 Cunningham Avenue, San Jose, CA 95122
(408) 347-5900
williamcoverfelt.esuhsd.org
Principal: Vito Chiala

Board of Trustees
Lan Nguyen, President
Van T. Le, Vice President
J. Manuel Herrera, Clerk
Pattie Cortese, Member
Lorena Chavez, Member