



# Your Guide to High School & College Readiness







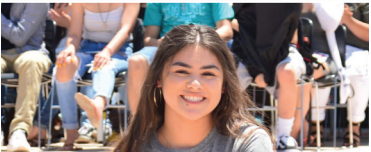
# EAST SIDE UNION HIGH SCHOOL DISTRICT

Your Path to High School and College Success Starts Here!

- ★ 5,309 students graduated in the Class of 2018.
- ★ An average of **81%** of students who graduate from East Side Union High School District enroll in college within a year after high school. *(Class of 2011–2017, National Student Clearinghouse)*
- ★ **4-Year Cohort:** Students who come in as 9th graders and stay with our district schools for all 4 years experience higher graduation and A-G success rates.
  - **4-Year Local Cohort Graduation Rate: 95.7%**  
*(Class of 2018)*
- ★ An average of **91%** of our graduates are enrolled in college for a second year. *(Class of 2011–2015, National Student Clearinghouse)*
- ★ We have a historically strong high school graduation and college-going culture.
- ★ Many of our graduates are the first to go to college in their families.
- ★ Our schools offer the highest number of Advanced Placement courses than any charter school in the area.
- ★ Our District offers dual-enrollment programs that provide students college credit during their high school years.
- ★ All of our 9th and 10th grade students take the Practice SAT (PSAT) exam at no cost to their families.
- ★ All of our 11th grade students take the SAT exams at no cost to their families.
- ★ We have 4-7 academic counselors at each school.
- ★ Many of our teachers have participated in the Stanford Hollyhock Fellowship and Yale University National Fellows Program.

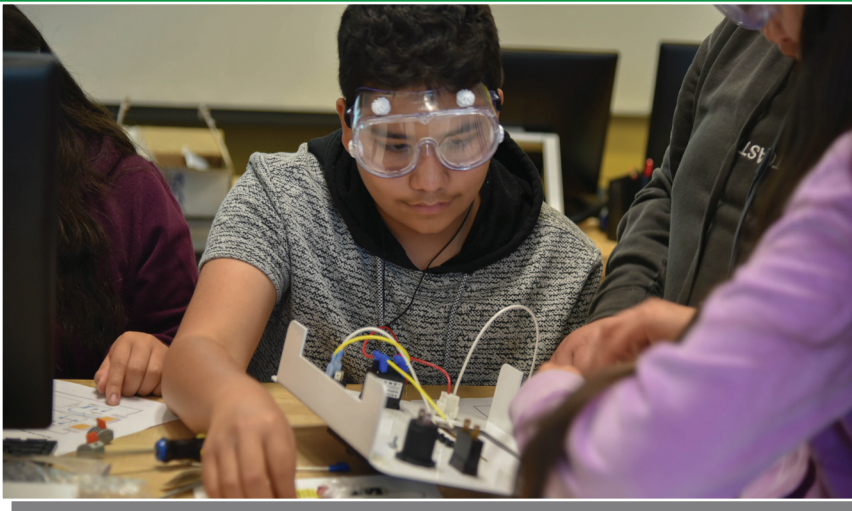
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# WELCOME TO EAST SIDE UNION HIGH SCHOOL DISTRICT!



**East Side Union High School District** strives to ensure that all parents and students are well-informed on how to plan for success in high school and attend a college or university.

In this booklet, you will find a list of A-G requirements, high school class recommendations at each grade level, and EAP/SAT/ACT exam information.

All of our schools are equipped to prepare your child to enter and meet the academic demands of college. **At each grade level, counselors meet with all students to discuss personal and academic exploration, and refinement of career and college goals through a Guidance Plan.**

We also offer Freshmen Summer Bridge Programs to help your child transition to our high schools.

We offer **career technical education** pathways and a wide array of **magnet, internships, and mentor** programs.

Our district provides robust and rigorous Science, Technology, Engineering and Mathematics (STEM) curricula in:

- Computer Science
- Biology
- Bio Tech
- Chemistry
- Physics
- Physiology
- Forensic Science
- Web Tech Design
- Robotics
- Space Tech Engineering

As an extension of these courses, students have opportunities and access to hands-on experience with numerous Silicon Valley industry partners.

**Parents and guardians play a vital role on a child's educational journey.** Parents and guardians have the power to shape student's attitudes and beliefs about the value and importance of education.

Better paying jobs require a college degree. Higher education results in:

- ★ More and better job opportunities
- ★ Higher income potential
- ★ Increased chances of job stability and employment

We will support and help your child in the transition from high school to college. **If you have any questions or need additional information, refer to page 3 for contact information at each school.**



# OUR SCHOOLS

Find out more information about our schools at **ESUHS.D.ORG**

## Andrew P. Hill High School

3200 Senter Road  
San Jose, CA 95111  
Principal: Jose Hernandez  
PCIS: Rita Luna  
lunar@esuhsd.org  
Phone: (408) 347-4100

## Evergreen Valley High School

3300 Quimby Road  
San Jose, CA 95148  
Principal: Kyle Kleckner  
PCIS: Victoria Moreno  
morenov@esuhsd.org  
Phone: (408) 347-7000

## Independence High School

617 N. Jackson Avenue  
San Jose, CA 95133  
Principal: Bjorn Berg  
PCIS: Margarita Rodriguez  
rodriguezrm@esuhsd.org  
Phone: (408) 928-9500

## James Lick High School

57 N. White Road  
San Jose, CA 95127  
Principal: David Porter  
PCIS: Marcela Parrilla  
parrillam@esuhsd.org  
Phone: (408) 347-4400

## Mt. Pleasant High School

1750 S. White Road  
San Jose, CA 95127  
Principal: Martha Guerrero  
PCIS: Andrea Gonzalez  
gonzaleza@esuhsd.org  
Phone: (408) 937-2889

## Oak Grove High School

285 Blossom Hill Road  
San Jose, CA 95123  
Principal: Martha Brazil  
PCIS: Martha Cabrera  
cabreram@esuhsd.org  
Phone: (408) 347-6500

## Piedmont Hills High School

1377 Piedmont Road  
San Jose, CA 95132  
Principal: Ginny Davis  
PCIS: Rupert Rosales  
rosalesr@esuhsd.org  
Phone: (408) 347-3842

## Santa Teresa High School

6150 Snell Ave.  
San Jose, CA 95123  
Principal: Greg Louie  
PCIS: Elvin Jackson  
jacksone@esuhsd.org  
Phone: (408) 347-6200

## Silver Creek High School

3434 Silver Creek Road  
San Jose, CA 95121  
Interim Principal: Kelly Daugherty  
PCIS: Elizabeth Cabrera  
cabraerae@esuhsd.org  
Phone: (408) 347-5600

## W. C. Overfelt High School

1835 Cunningham Avenue  
San Jose, CA 95122  
Principal: Vito Chiala  
PCIS: Rick Ramirez  
ramirezri@esuhsd.org  
Phone: (408) 347-5900

## Yerba Buena High School

1855 Lucretia Avenue  
San Jose, CA 95122  
Principal: Tom Huynh  
PCIS: Dalia Borrego  
borregod@esuhsd.org  
Phone: (408) 347-4700

## Calero High School

420 Calero Avenue  
San Jose, CA 95123  
Principal: Robert Ibarra  
Phone: (408) 347-7600

## Foothill High School

230 Pala Avenue  
San Jose, CA 95127  
Principal: Noemi Ramirez  
Phone: (408) 928-9100

## Accel Program

3095 Yerba Buena Road  
San Jose, CA 95135  
Principal: Kyle Kleckner  
Phone: (408) 247-7900 x6881

## Apollo High School

1835 Cunningham Avenue  
San Jose, CA 95122  
Principal: Vito Chiala  
Phone: (408) 928-5400

## Pegasus High School

617 N. Jackson Avenue  
San Jose, CA 95133  
Principal: Bjorn Berg  
Phone: (408) 928-9597

## Phoenix High School

6150 Snell Ave.  
San Jose, CA 95123  
Principal: Greg Louie  
Phone: (408) 347-6291

Parent & Community Involvement Specialists (PCIS) are support staff that work together with school site staff to assist parents with their students.

# GRADUATE PROFILE

East Side graduates are prepared for college and career, powered with a plan and ready to thrive in a global society.  
**ESUHSD** graduates are:



## **COMMUNICATORS**

Present and consider ideas using a variety of communication methods and technology appropriate to the audience and task.



## **CRITICAL THINKERS – PROBLEM SOLVERS**

Develop and propose solutions to current and future challenges through a process of inquiry, analysis and inference.



## **COLLABORATORS**

Work effectively with others to build knowledge and create solutions & products.



## **CREATORS**

Formulate new ideas, individual responses and develop plans of action when faced with a task or problem.



## **COMMUNITY MEMBERS**

Identify issues, seek out information, and gather perspectives to respond to challenges affecting our community.



## **POWERED WITH A PLAN**

Students graduate with a plan to take the next step toward success in their path of study and career.

Join the 5,309 students who graduate each year ready to drive Silicon Valley



# SPARTAN EAST SIDE PROMISE

The Spartan East Side Promise provides a pathway to **guaranteed general admission** to San José State University (SJSU) by clearly specifying admission requirements and actively sharing this information with students and families at the East Side Union High School District (ESUHSD).



By identifying the specific criteria for guaranteed SJSU general admission as part of the Spartan East Side Promise, ESUHSD students will know what is expected early in their academic careers.

Student entering as a freshman in high school is guaranteed the same criteria when the student applies in their senior year.



## GOALS

The goals of the Spartan East Side Promise are:

- ★ To increase the number of ESUHSD students applying to and being admitted to college
- ★ To contribute to a college-going culture within the ESUHSD based on a shared commitment to diversity and equity

Students graduating from an East Side Union high school will qualify for guaranteed general admission to SJSU if the following conditions are met:

- ★ Graduate from East Side Union High School District
- ★ Successfully complete all A-G college preparatory courses with grades of C- or better
- ★ Apply to SJSU by November 30th
- ★ Take the SAT or ACT test and submit those official test scores to SJSU
- ★ Require no developmental coursework as determined by Math/English placement test scores
- ★ Meet the Eligibility Index (EI) to the intended major (2900 or higher) or meet the minimum EI of 3300 (SAT) or 790 (ACT) to be guaranteed admission to Undeclared. All EIs are subject to verification of the final high school transcript
  - The Eligibility Index (EI) is a combination of the GPA from your A-G classes and your SAT or ACT score
  - See [calstate.edu](https://calstate.edu) for an EI calculator
- ★ Meet all SJSU application procedures and deadlines

**Contact:** [outreach@sjsu.edu](mailto:outreach@sjsu.edu) or 408-924-2564

# HIGH SCHOOL GRADUATION REQUIREMENTS

Pass 220 credits in the areas shown below:

Subject	Requirement	Credits
English	Students must pass: <ul style="list-style-type: none"> <li>• 4 years of English</li> </ul>	40
Social Science	Students must pass: <ul style="list-style-type: none"> <li>• 1 year of World History</li> <li>• 1 year of United States History</li> <li>• 1 semester of Economics</li> <li>• 1 semester of American Government</li> </ul>	30
Mathematics	Students must pass: <ul style="list-style-type: none"> <li>• CCSS Math 1</li> <li>• CCSS Math 2 (or higher level courses)</li> </ul>	20
Science	Students must pass: <ul style="list-style-type: none"> <li>• 1 year of physical and 1 year of biological college prep lab science</li> </ul>	20
Fine Arts or Foreign Language	Students must pass: <ul style="list-style-type: none"> <li>• 1-year course in Fine Arts or Foreign Language</li> </ul>	10
Physical Education	Students must pass: <ul style="list-style-type: none"> <li>• 2 years of Physical Education (1 year must be taken in grade 9)</li> </ul>	20
Electives	Students must pass elective courses chosen in the following areas: Art, Business, Home Economics Careers and Technology, English, Foreign Language, Math, Music, Industrial Technology Education, P.E., Reading, Science, Social Science, Safety Education, and Work Experience/SVCTE/ROP.	80
<b>Total Credits Required for Graduation</b>		<b>220</b>

**At each grade level:**

- ★ Parents and students should check **class selections**
- ★ Parents and students should review semester **report cards** and if your student has failed any courses, explore summer school options (contact school counselor)
- ★ Parents and students should **review credit status** to ensure the student is on track and taking the necessary courses for graduation
- ★ Learn about **free tutoring** or help that's available if your child is struggling in any subject area
- ★ Schools offer **Cyber High** as an option for credit and grade recovery (contact school counselor)
- ★ **Other options:** If your child does not earn the appropriate number of credits each semester, she/he may fall behind and not be ready to graduate in four years. You and your child should explore other pathways to graduation in our **alternative schools**, Foothill High School and Calero High School (contact school counselor)



# FOUR-YEAR COURSE PLANNER

Required classes to Satisfy A-G Requirements for 4-Year College at a UC, CSU or Private, and College Entrance Exams. 4 year = Baccalaureate Degree (BA or BS)

## 9th Grade

- B** English 1/1A
- C** CCSS Math 1 (or higher)
- D** Biology
- E** World Language 1
- F/G** Art or Elective  
Physical Education

### What You Can Do To Become College Ready:

- Become acclimated with your ESUHSd high school campus
- Students should have 60 units at the end of 9th grade
- Take the 9th grade Practice SAT exams, which will be provided at no cost to students or families

## 10th Grade

- A** World History
- B** English 2/2A
- C** CCSS Math 2 (or higher)
- D** Chemistry
- E** World Language 2  
Physical Education

### What You Can Do To Become College Ready:

- Attend District-wide College Night
- **For UC/CSU College Testing Recommendation:** Take the 10th grade Practice SAT exams, which will be provided at no cost to students or families
- Students should have 120 units at the end of 10th grade

### At each grade level:

- Meet with your high school counselor to ensure that you are on track to meet A-G requirements and ensure enrollment in these classes
- Counselors will walk students through a Guidance Plan to realize their college and career potential
- Students can get ahead by taking Mathematics and Science classes as electives
- Schools offer Math acceleration classes in the summer

## 11th Grade

- A** US History
- B** English 3
- C** CCSS Math 3 (or higher)
- D** Physics
- E** World Language 3
- F/G** Art or Elective

### What You Can Do To Become College Ready:

- **For UC/CSU College Testing Recommendation:** PSAT in the Fall and SAT or ACT in the Spring
- Take the SAT Subject Tests in March, which will be provided at no cost to students and families
- Attend District-wide College Night
- Students should write the first draft of her or his essay that will be used for applications and scholarships
- Students should have 180 units at the end of 11th grade

## 12th Grade

- A/G** Government/Econ
- B** English 4
- C** Math Analysis (or higher)
- D** Science
- E/F/G** Language
- F/G** Art or Elective

### What You Can Do To Become College Ready:

- **For UC College Testing Recommendation:** SAT or ACT Assessment plus Writing retest in the Fall to improve your score
- **For CSU College Testing Recommendation:** SAT or ACT Assessment re-test in the Fall to improve your score
- Apply to colleges and universities
- Apply for FAFSA in October
- Apply for scholarships
- Students earn a minimum of 220 credits completed at the end of 12th grade

# ROADMAP FOR SUCCESS

Planning For College





# A-G SUBJECT REQUIREMENTS

## What is A-G?

The Subject Requirement, more commonly referred to as the “A-G” subject requirements, is 1 of 3 requirements needed to enter the University of California (UC) and Cal State University (CSU) as a freshman. Students must complete a pattern of 15 college-preparatory courses.

The chart below shows how the ESUHSD Graduation Requirements align with the A–G requirements.

	ESUHSD Requirements <i>must be passed with a D or higher</i>	A–G Requirements <i>must be passed with a C or higher</i>
<b>A</b> Social Science	30 Credits	20 Credits
<b>B</b> English	40 Credits	40 Credits
<b>C</b> Mathematics	20 Credits	30 Credits (40 recommended)
<b>D</b> Lab Sciences	20 Credits	20 Credits (30 recommended)
<b>E</b> World Languages	10 Credits of either World Language or Visual/Performing arts	20 Credits of the same language other than English, or through the second level of high school instruction (30 recommended)
<b>F</b> Visual and Performing Arts		10 Credits
<b>G</b> Electives	80 Credits	10 Credits
Physical Education	20 Credits	

★ There are **variations between UC and CSU A-G Requirements**. Students should consult with their counselor about the specific colleges they wish to attend.

★ A student’s grade point average (GPA) and test scores will also be considered. In order to be competitive, students should plan to take **higher levels of courses** that exceed the A-G requirements. Students should consult their counselor for guidance.

★ Students can **get ahead** by taking Advanced Placement courses in Mathematics and Science courses as Electives.

# MAGNET AND CAREER TECHNICAL EDUCATION PATHWAYS

Enrollment in these programs allows students to attend schools outside of their attendance area

Arts, Media, Entertainment		High School
Animation and Multimedia Pathways		Mt. Pleasant
Multimedia Arts Pathway		Santa Teresa
Multimedia Pathway		Andrew Hill
Multimedia Pathway		W. C. Overfelt
Business Marketing, Management		
Business Finance & Media Design		Silver Creek
Computer Applications & Entrepreneurship		Piedmont Hills
Finance/Business		Independence
Computers, Engineering, and Science-Related		
Aerospace Science - AFJROTC		Oak Grove
Electronics Academy		W. C. Overfelt
Engineering/Space & Automotive		Independence
New Tech School		James Lick
Pre-Engineering Pathway		Yerba Buena
Pre-Engineering Pathway		Mt. Pleasant
Systems Programming		Evergreen Valley
Systems Programming		Santa Teresa
Health Careers		
Health & Medical Magnet Pathway		Andrew P. Hill
Hospitality, Public and Human Resources		
Carpentry & Construction		Independence
Child Development & Education Academy		W. C. Overfelt
Construction Technology Pathway		Yerba Buena
Fire Service Pathway		James Lick
Hospitality, Entrepreneurship		Oak Grove
International Baccalaureate		Andrew P. Hill
Teaching Academy		Independence



<https://eastsidecareerpathways.org>



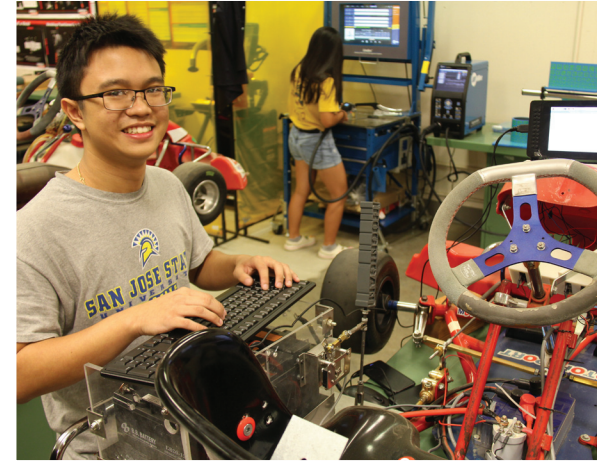
# TAKING COLLEGE LEVEL COURSES IN HIGH SCHOOL

## AND EARNING COLLEGE CREDIT THROUGH AP EXAMS

### College Connection Academy

College Connection Academy is a partnership that was established between Yerba Buena High School, Franklin McKinley School District, Evergreen Valley College and San Jose State University. It was established to encourage college success of historically underrepresented students.

Middle school students take high school courses on the high school campus and high school students take college courses as early as 11th grade. Students graduate with as many as 1-2 years of college credit.



### Accel Middle College

Accel Middle College is a cooperative program between ESUHSD and Evergreen Valley College. Accel's 11th and 12th grade students are concurrently enrolled in college courses and high school classes. Students receive both high school and college credit in this program. All classes are held on the Evergreen Valley College campus.

### Advanced Placement Courses

Advanced Placement (AP) is a program administered by The College Board, consists of standardized high school courses that are equivalent to undergraduate college courses. After completing an AP class, students typically take the AP exam in that subject, which can earn them credits and accelerated placement in college.

Students earn college credit if they pass the AP exam given at the end of the year in May.

ESUHSD offers the highest number of AP classes in the area.



# TYPES OF COLLEGES & UNIVERSITIES

<b>University of California (UC)</b>	<p>9 UC Schools</p> <p>UC Berkeley, UC Los Angeles, UC Santa Barbara, UC San Diego, UC Davis, UC Irvine, UC Santa Cruz, UC Riverside, UC Merced</p>
<b>Private University</b>	<p>Example of Private Universities</p> <p>Carnegie Mellon University, Columbia University, Cornell University, Duke University, Harvard University, Howard University, Johns Hopkins University, Massachusetts Institute of Technology (MIT), New York University, Princeton University, Santa Clara University, Stanford University, University of Chicago, University of Miami, University of Notre Dame, University of Pennsylvania, University of San Francisco, University of Southern California (USC), Yale University</p>
<b>Cal State University (CSU)</b>	<p>23 CSU Schools</p> <p>CSU Bakersfield, CSU Channel Islands, CSU Chico, CSU Dominguez Hills, CSU East Bay, CSU Fresno, CSU Fullerton, Humboldt State University, CSU Long Beach, CSU Los Angeles, CSU Maritime Academy, CSU Monterey Bay, CSU Northridge, California State Polytechnic University Pomona, CSU Sacramento, CSU San Bernardino, San Diego State University, San Francisco State University, San Jose State University, California Polytechnic State University San Luis Obispo, CSU San Marcos, Sonoma State University, CSU Stanislaus</p>
<b>2-Year Community Colleges</b>	<p>There are 113 Community Colleges in California. Here are a few examples:</p> <p>City College of San Francisco, Evergreen Valley College, De Anza College, Foothill College, Gavilan College, Mission College, Pasadena City College, San Jose City College, Santa Monica College, West Los Angeles College, West Valley College, Yuma Community College</p>





## ATHLETICS, EXTRACURRICULAR ACTIVITIES & CLUBS

We offer a wide variety of athletic programs and hundreds of extracurricular activities, clubs and organizations throughout our schools.





# GLOSSARY

**Advanced Placement (AP):** Program administered by the College Board, consists of standardized high school courses that are equivalent to undergraduate college courses. AP Exams can earn students college credit and accelerated placement in college.

**American College Testing (ACT):** 3 ½ hour national college admissions exam that tests students knowledge in English, Math, Reading and Science.

**CAASPP:** California Assessment of Student Performance and Progress

**Cal State University (CSU)**

**College Entrance Exams:** Standardized, national tests that students will need to take to be considered for college (SAT, ACT).

**District College Night:** Many colleges and universities attend this event and provide materials and answer any questions. It takes place at Independence High School in September. Students and parents/guardians are welcome to attend at any grade level.

**Dual Enrollment:** Students are enrolled concurrently in either College Connection Academy or Accel Middle College and taking college courses in one of the District's partnerships with Evergreen Valley College or San Jose State University.

**Early Assessment Program (EAP):** Take this exam as part of the Grade 11 California Standards Test. It can take the place of CSU placement tests and certify you as "college ready".

**Free Application for Federal Student Aid (FAFSA):** Single most important application for need-based financial assistance. It is a federal form that looks at your need and determines a student's eligibility for federal, state, and college sponsored financial aid, including grants,

educational loans, and work study programs.

**GPA:** Grade Point Average

**Grants and Scholarships:** Represent financial support awarded based on merit or merit plus need. They do not need to be repaid.

**Guidance Plan:** Counselors meet with all students at each grade level to discuss personal and academic exploration, refinement of career and college goals, and post high school planning.

**IB:** International Baccalaureate Diploma Program consists of globally standardized skill-based high school courses for grades 11 and 12 that are equivalent to undergraduate college courses.

**Internships:** Student internships available through our alliances with Strive San Jose and Genesys Works Bay Area.

**Magnet & Career Technical Programs:** Rigorous programs that focus on a special study and academic pathway.

**Naviance:** Online College and Career resource that provides students with college planning and career assessment tools.

**PSAT:** Preliminary Scholastic Aptitude Test (Practice Test)

**Scholastic Aptitude Test (SAT):** 3 ¾ hour test that measures critical thinking, mathematical reasoning and writing skills. Most colleges require that students take this or the ACT as a college entrance requirement.

**STEM:** Science, Technology, Engineering and Mathematics

**University of California (UC)**

# RESOURCES

## Useful Websites

**ACT** = [www.actstudent.org](http://www.actstudent.org)

**AP** = <https://apstudent.collegeboard.org>

**Black College Dollars** = [www.blackcollegedollars.org](http://www.blackcollegedollars.org)

**California Colleges** (college/career planning) = [www.californiacolleges.edu](http://www.californiacolleges.edu)

**Cal-SOAP** = <http://www.sanjosecalsoap.com/>

**College Board** = [www.collegeboard.org](http://www.collegeboard.org)

**College Toolkit** = [www.collegetoolkit.com](http://www.collegetoolkit.com)

**Community College** = [home.cccapply.org](http://home.cccapply.org)

**CSU** = [www.calstate.edu](http://www.calstate.edu)

**Dream Act** = <https://dream.csac.ca.gov>

**EAP/CSU** = [www.calstate.edu/eap](http://www.calstate.edu/eap)

**Fast Web (Scholarship Site)** = [www.fastweb.com](http://www.fastweb.com)

**Federal Student Aid (FAFSA)** = [www.fafsa.ed.gov](http://www.fafsa.ed.gov)  
<https://studentaid.ed.gov/sa/prepare-for-college/checklists/12th-grade>

**Financial Aid** = [www.finaid.org](http://www.finaid.org)

**Financial Aid Advice** = [college-financial-aid-advice.com](http://college-financial-aid-advice.com)

**First in the Family** = [www.firstinthefamily.org](http://www.firstinthefamily.org)

**For Undocumented Students** = [www.finaid.org/otheraid/undocumented.phtml](http://www.finaid.org/otheraid/undocumented.phtml)  
<https://mydocumentedlife.org>

**Gates Millenium Scholars Fund** = [www.gmsp.org](http://www.gmsp.org)

**Gerald & Dorothy Erich Endowment Fund Scholarship** = [rotarysjee.org](http://rotarysjee.org)

**Go For It Scholarships** = <http://www.esuhds.org/Students--Parents/Resources/Student-Resources/Go-For-It-Scholarship--/index.html>

**Hispanic Association of Colleges and Universities** = [www.hacu.net](http://www.hacu.net)

**Historical Black Colleges and Universities** = [www.hbcuconnect.com](http://www.hbcuconnect.com)

**Hispanic Heritage Scholarship List** = [www.hispanicheritage.org/youth.php](http://www.hispanicheritage.org/youth.php)

**Hispanic Scholarship Fund** = <https://www.hsf.net>

**NAACP Scholarship Opportunities** = [www.naacp.org/page/s/scholarship2](http://www.naacp.org/page/s/scholarship2)

**Princeton Review** = [www.princetonreview.com](http://www.princetonreview.com)

**SAT** = [www.collegeboard.com/student/testing/sat/reg.html](http://www.collegeboard.com/student/testing/sat/reg.html)

**Silicon Valley Community Foundation** = <https://www.siliconvalleycf.org/scholarships>

**Scholarships.com** = [www.scholarships.com](http://www.scholarships.com)

**UC** = [www.universityofcalifornia.edu](http://www.universityofcalifornia.edu)

**United Negro College Fund** = [www.uncf.org](http://www.uncf.org)

**U.S. Dept of Education** = [www.ed.gov/students](http://www.ed.gov/students)

**200 Free Scholarships for Minorities** = [www.blackexcel.org/200-Scholarships.html](http://www.blackexcel.org/200-Scholarships.html)

# SUPPORT GOOD STUDY HABITS & ADDITIONAL TIPS



## Support Good Study Habits

- Set a regular time for study each day
- Designate a quiet, well-lit area as your child's studying zone
- Limit distractions: No cell phone, video games, internet surfing or television
- Encourage your child to use the local public library. It's a quiet place to study and a great place for school research projects
- Getting a good night's sleep and eat a healthy breakfast

## Create A Summer Reading List

- Continue to support your child in his/her learning
- Teachers, librarians and counselors may be able to provide recommendations

## Additional Tips

- Discuss your child's college goals with counselors and teachers
- Fill out school lunch forms; this might help you obtain fee waivers for SAT and ACT exams
- Meet with teachers and counselors every year
- Help your student start a college information folder
- Visit colleges and make sure that you understand the admissions criteria and application process. Some colleges have virtual tours online
- Have your child sign up for a free account at [www.collegeboard.org](http://www.collegeboard.org)
- Make sure your child creates an appropriate email address that will be used for communication to colleges, possible summer jobs and internships
- Remind your child that entries on Facebook and other social networking sites are accessible to college admissions officers
- Join the Parent Teacher Student Association (PTSA) and attend meetings
- Attend high school Open Houses, Coffee with the Principal and information sessions





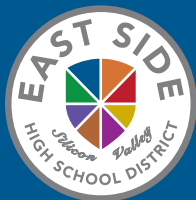


## VISION

Each student graduates prepared for college and career empowered to transform their lives and thrive in a global society.

## MISSION

We align decisions to create safe, dynamic and relevant learning environments that inspire critical thinking, problem solving and innovation.



### EAST SIDE UNION HIGH SCHOOL DISTRICT

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