

# EAST SIDE UNION HIGH SCHOOL DISTRICT

## International Student Program

### Health History & Release Form

This must be completed by a Medical Doctor (please print or type legibly)

Student's Name: \_\_\_\_\_ Country: \_\_\_\_\_

Home Address: \_\_\_\_\_

City

Postal Code

Home Telephone: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Month / Day / Year

Sex: Female / Male

Height: \_\_\_\_\_  
To convert meters to feet multiply by 3.28

Weight: \_\_\_\_\_  
To convert kilos to pounds multiply by 2.205

	Yes	No		Yes	No
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	Heart Blood Vessels	<input type="checkbox"/>	<input type="checkbox"/>
Appendicitis	<input type="checkbox"/>	<input type="checkbox"/>	Malaria	<input type="checkbox"/>	<input type="checkbox"/>
Has Appendix been removed?	<input type="checkbox"/>	<input type="checkbox"/>	Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>
Cancer Tumors	<input type="checkbox"/>	<input type="checkbox"/>	Scarlet Fever	<input type="checkbox"/>	<input type="checkbox"/>
Convulsive Disorders	<input type="checkbox"/>	<input type="checkbox"/>	Smallpox	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Eating Disorders	<input type="checkbox"/>	<input type="checkbox"/>	Typhoid Fever	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>
German Measles	<input type="checkbox"/>	<input type="checkbox"/>	Serious or Persistent Cough	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	Serious or Persistent Headache	<input type="checkbox"/>	<input type="checkbox"/>
Hernia	<input type="checkbox"/>	<input type="checkbox"/>	Migraine	<input type="checkbox"/>	<input type="checkbox"/>
Been operated for hernia?	<input type="checkbox"/>	<input type="checkbox"/>	Ulcer	<input type="checkbox"/>	<input type="checkbox"/>
Other Abdominal Organs	<input type="checkbox"/>	<input type="checkbox"/>	Vertigo, Dizziness	<input type="checkbox"/>	<input type="checkbox"/>
Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	Lungs, Respiratory System	<input type="checkbox"/>	<input type="checkbox"/>

*Any disease, impairment, or abnormality of:*

Eyes or Sight	<input type="checkbox"/>	<input type="checkbox"/>	Bones, Joints or Locomotor Sys.	<input type="checkbox"/>	<input type="checkbox"/>
Ears or Hearing	<input type="checkbox"/>	<input type="checkbox"/>	Brain or Nervous System	<input type="checkbox"/>	<input type="checkbox"/>
Tonsils, Nose or Throat	<input type="checkbox"/>	<input type="checkbox"/>	Blood or Endocrine System	<input type="checkbox"/>	<input type="checkbox"/>
Has his/her Tonsils been removed?	<input type="checkbox"/>	<input type="checkbox"/>	Other _____		
Stomach or Digestive System	<input type="checkbox"/>	<input type="checkbox"/>			
Genito-Urinary System	<input type="checkbox"/>	<input type="checkbox"/>			

## Health History & Release Form

Please give detailed information (including dates) regarding any disease or impairment mentioned on the first page:

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Has the applicant ever been hospitalized? Yes  No

If yes, please give date, diagnosis and description of illness or accident:

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Is the applicant currently taking any injections or medication? Yes  No

If yes, please give name(s) of medication(s), injection(s), and diagnosis:

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Does the applicant have a history or present evidence of nervous, emotional, or mental abnormality, i.e. neurosis, nervous breakdown, nervous fatigue, recurrent nightmares, sleepwalking? \_\_\_\_\_

Is there any history of anorexia or bulimia? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please give details:

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Does applicant have any health limitations and/or any pertinent medical information necessary for International Student Program if applicant is to be considered for placement abroad? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, please comment fully: \_\_\_\_\_

Will the applicant need any orthodontic care during the coming year? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, attach a statement from the Orthodontist, including patient's present status and date orthodontic care will be completed.

Has the applicant any history or present of any allergy?

\_\_\_\_\_ Applicant is allergic to what? (food, drug, pollen, animals, other) \_\_\_\_\_ Reaction to allergy (e.g., eczema, hives, hay fever, asthma, other) \_\_\_\_\_

Last known allergic reaction: \_\_\_\_\_

Will the applicant need to have medication while in the United States? \_\_\_\_\_

• Injected Medication (give names, dosages and dates): \_\_\_\_\_

• Oral Medication (give names, dosages and dates): \_\_\_\_\_

Has the applicant had asthma? If so, give details and dates: \_\_\_\_\_

In your opinion, the general state of applicant's health is: Excellent  Good  Fair  Poor

IMMUNIZATION RECORD FOR: \_\_\_\_\_

Student Name \_\_\_\_\_  
Date of Birth: Month \_\_\_ Day \_\_\_ Year \_\_\_\_\_

Please record all dates with MONTH/DATE/YEAR: (Example: 8/ 23 / 99)

DTP Needs 4 \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ Tdap \_\_\_/\_\_\_/\_\_\_

POLIO \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_

MMR MEASLES \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ Date of Disease: \_\_\_/\_\_\_/\_\_\_

OR MUMPS \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ Date of Disease: \_\_\_/\_\_\_/\_\_\_

RUBELLA \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ Date of Disease: \_\_\_/\_\_\_/\_\_\_

HEPATITIS \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ (Needs three)

VARICELLA \_\_\_/\_\_\_/\_\_\_ \_\_\_/\_\_\_/\_\_\_ Date of Disease \_\_\_/\_\_\_/\_\_\_

MCV4 \_\_\_/\_\_\_/\_\_\_

Has student ever had a BGC? Yes \_\_\_ No \_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

TB Test: date of test: \_\_\_\_\_ Result: Test was: \_\_\_ Negative (no TB) \_\_\_ Positive

Has Student ever had a chest X-Ray? Result: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Name of Physician		OR	Office Stamp (type or print)	
Signature of Physician				
Street Address				
Postal Zone	City		Date of Student Examination	Month/Date/Year

**Permission for Medical Care / Release Form**

We/I give our/my permission for my son/daughter to receive the immunizations in the United States if deemed necessary (DTP, Polio, MMR, TB Test or Chest X-Ray). Also, as the applicant's parent(s) or legal guardian(s), We/I agree to authorize East Side Union High School District or the Host Family to act for us/me in any emergency, accident, or illness during the period of time the student is involved in the East Side District International Student Program. This covers the period of time the student boards transportation scheduled by the International Student Program until the student leaves the program and returns to his/her home country as scheduled by East Side Union High School District.

**We hereby certify that the information given in this Certificate of Health is complete and accurate.**

**Father or Legal Guardian Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_  
Month /Day/Year

**Mother or Legal Guardian Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_  
Month /Day/Year

# PARENTS' GUIDE TO IMMUNIZATIONS REQUIRED FOR SCHOOL ENTRY



Starting July 1, 2019

## Students Admitted at TK/K-12 Need:

- **Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td) — 5 doses**  
(4 doses OK if one was given on or after 4th birthday.  
3 doses OK if one was given on or after 7th birthday.)  
For 7th-12th graders, at least 1 dose of pertussis-containing vaccine is required on or after 7th birthday.
- **Polio (OPV or IPV) — 4 doses**  
(3 doses OK if one was given on or after 4th birthday)
- **Hepatitis B — 3 doses**  
(Not required for 7th grade entry)
- **Measles, Mumps, and Rubella (MMR) — 2 doses**  
(Both given on or after 1st birthday)
- **Varicella (Chickenpox) — 2 doses**

These immunization requirements apply to new admissions and transfers for all grades, including transitional kindergarten.

## Students Starting 7th Grade Need:

- **Tetanus, Diphtheria, Pertussis (Tdap) — 1 dose**  
(Whooping cough booster usually given at 11 years and up)
- **Varicella (Chickenpox) — 2 doses**  
(Usually given at ages 12 months and 4-6 years)

In addition, the TK/K-12 immunization requirements apply to 7th graders who:

- previously had a valid personal beliefs exemption filed before 2016 upon entry between TK/Kindergarten and 6th grade
- are new admissions

## Records:

California schools are required to check immunization records for all new student admissions at TK/Kindergarten through 12th grade and all students advancing to 7th grade before entry. Parents must show their child's Immunization Record as proof of immunization.



**EAST SIDE UNION HIGH SCHOOL DISTRICT**  
**International Student Program**  
**Permission for Medical / Emergency treatment**  
**HIPAA / Host Family Agreement FORM**

Applicant's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
(month/day/year)

**CONSENT FOR MEDICAL TREATMENT:** This form authorizes the East Side Union High School District to obtain medical care for your student in your absence. This consent form is intended to prevent a potential delay in providing necessary medical services for your student. Every effort will be made to contact the parent or guardian before any major medical treatment is administered to your student.

We hereby authorize East Side Union High School District representatives, their officers, and/or agents, to obtain any and all medical treatment deemed necessary, including the administration of an anesthetic and surgery, for:

Student's Name: \_\_\_\_\_ D.O.B: \_\_\_\_\_  
(month/day /year)

**Please note, this form must be signed as is; no changes to the form will be accepted.**

\_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Guardian Signature:**

**Health Insurance Portability and Accountability Act (HIPAA)**

I (Name of Student), \_\_\_\_\_, hereby authorize any health plan, physician, health care professional, hospital, clinic, laboratory, pharmacy, medical facility or other health care provider that has provided payment, treatment or services to me on my behalf, to release the following health information:

- **All information in my medical records, including my medical history, and results of medical examinations and lab tests.**
- **All financial and claim information related to my medical bills.**

To: Representatives of the East Side Union High School District, 830 N. Capitol Avenue, San Jose, CA 95133  
For the following purpose: To obtain medical treatment.

This authorization shall remain in effect for two years from the date of my signature.

I understand that by signing this authorization:

- I authorize the use or disclosure of my individually identifiable health information as described above for the purpose listed.
- I have the right to withdraw permission for the release of information. If I sign this authorization to use or disclose information, I can revoke that authorization at any time. The revocation must be made in writing and will not affect information that has already been used or disclosed.
- I have the right to receive a copy of this authorization.

- I am signing this authorization voluntarily and treatment, payment, or my eligibility for benefits will not be affected if I do not sign this authorization.
- I further understand that a person to whom records and information are disclosed pursuant to this authorization may not further use or disclose medical information unless another authorization is obtained from me or unless such disclosure is specifically required or permitted by law.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Your medical information has been disclosed to us from your physician or provider of service and we are prohibited by federal law from further disclosure. Please contact your physician or provider of service for your medical information.

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Student Name (print):** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent/Guardian Name (print):** \_\_\_\_\_