

EAST SIDE UNION HIGH SCHOOL DISTRICT

Mental Health & Wellness Specialist (Social Worker)

Description of basic functions and responsibilities

Mental Health & Wellness Specialists use a multi-tiered system of support to coordinate and implement a comprehensive mental health & wellness program on their school site. Mental Health & Wellness Specialist school-wide opportunities for psychoeducation, group and individualized mental health & wellness supports.

Major duties and responsibilities

Wellness Center Drop-in Support

Ensure that there is a consistent presence in the Wellness Center, especially during drop-in hours

Coordinate a wellness center schedule that includes drop-in hours in collaboration with Mental Health & Wellness staff and interns

Manage an orderly flow of students in and out of the Wellness Center

Gather and provide health education resources to students

Maintain inviting, calming and chill space for students to process and de-escalate

Wellness Services & Support

Coordinate the assignment of student referrals with wellness team members

Track referrals and follow-up with students in collaboration with colleagues

Solicit referrals for group and individual Wellness services

Coordinate school-wide health awareness events and campaigns with students and Mental Health & Wellness staff.

Coordinate and provide 1:1 counseling, support/empowerment groups, wellness services, crisis intervention, and linkages to community resources

Serve as a case manager and educational liaison for Foster Youth, McKinney Vento Students, Court-impacted students

Provide supervision and direction to interns

Provide training and workshops for students, families and staff in the areas of mental health & wellness

Implement a Mental Health & Wellness Youth Advisory Council that collaborates in the identification and implementation of the Mental Health & Wellness Program

Attend Case Review Team, Student Success Team and Case Management meetings, as appropriate.

Attend meetings with school site and district team, as assigned

Documentation/Data Collection/Billing

Document students seen and activities performed using case management software

Enter all student utilization data for Wellness providers (specifically CBOs)

Complete the appropriate documents for billing

Other duties as assigned

Knowledge of

Equity and culturally relevant best practices and competencies

Ability to stay calm under pressure, multi-task and oversee day-to-day Wellness Center flow and triage of high school students

Ability to establish and maintain effective working relationships with others

Demonstrate excellent communication skills, both orally and in writing, for a variety of audiences (e.g. parents, students, staff, and community partners)

Trauma informed care and ability to work with diverse populations

Demonstrate ability to take initiative and provide self-directed leadership within the Wellness Center

Minimum Qualifications

Masters of Arts in Social Work

Pupil Personnel Services Credential in School Social Work (or enrolled in a program)

Preferred Qualifications

Valid License in Clinical Social Work (LCSW) issued by the California Board of Behavioral Sciences

Bilingual Candidates preferred