

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

Menu Name: Nutrient Info Supper
Site:
Use Alternate Menu Name: No

Include Cost: No
Report Style: Detailed

Wednesday - 05/01/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990346 2-Breaded Cheese Pocket	1 serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
003190 2-Peach Cup	1/2 cup	1	90	0.00	0	19	0	0.00	0.00	0	20.96	2.00	1.00	354	4.0	117.55	0.46
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1287	12.00	1568	78	1	47.53	0.00	56	150.90	12.03	62.80	2172	1274.6	121.15	6.46
% of Calories				8.39%		24.2%	0.3%	33.2%	0.0%		46.9%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 05/02/2024 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1488	17.39	1771	67	0	64.17	0.00	98	156.20	13.04	68.62	1353	1085.6	2.42	7.01
% of Calories				10.52 %		18.0%	0%	38.8%	0.0%		42.0%		18.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/03/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1410	15.10	1659	76	0	60.29	0.00	43	160.89	18.98	56.72	9940	981.6	3.60	5.91
% of Calories				9.64%		21.6%	0%	38.5%	0.0%		45.6%		16.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 05/06/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	400	7.00	610	6	0	17.00	0.00	40	36.00	1.00	19.00	500	353.0	9.00	2.00
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
000478 2-Applesauce	1/2 cup	1	68	0.00	17	20	0	0.00	0.00	0	16.97	1.13	0.00	226	0.0	0.00	2.04
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1442	17.05	1677	85	0	61.35	0.00	60	156.99	12.30	60.60	10366	1134.6	10.20	7.25
% of Calories				10.64 %		23.6%	0%	38.3%	0.0%		43.5%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 05/07/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002018 2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990380 2-Apricots, Diced, Frozen	Each	1	125	0.00	5	27	0	0.00	0.00	0	31.89	1.99	1.00	399	12.0	4.78	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1512	16.13	1985	97	0	63.63	0.00	45	176.90	15.20	63.53	1977	1034.6	46.46	6.42
% of Calories				9.60%		25.7%	0%	37.9%	0.0%		46.8%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 05/08/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990346 2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
003190 2-Peach Cup	1/2 cup	1	90	0.00	0	19	0	0.00	0.00	0	20.96	2.00	1.00	354	4.0	117.55	0.46
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1287	12.00	1568	78	1	47.53	0.00	56	150.90	12.03	62.80	2172	1274.6	121.15	6.46
% of Calories				8.39%		24.2%	0.3%	33.2%	0.0%		46.9%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 05/09/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1488	17.39	1771	67	0	64.17	0.00	98	156.20	13.04	68.62	1353	1085.6	2.42	7.01
% of Calories				10.52 %		18.0%	0%	38.8%	0.0%		42.0%		18.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/10/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1410	15.10	1659	76	0	60.29	0.00	43	160.89	18.98	56.72	9940	981.6	3.60	5.91
% of Calories				9.64%		21.6%	0%	38.5%	0.0%		45.6%		16.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 05/13/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	400	7.00	610	6	0	17.00	0.00	40	36.00	1.00	19.00	500	353.0	9.00	2.00
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
000478 2-Applesauce	1/2 cup	1	68	0.00	17	20	0	0.00	0.00	0	16.97	1.13	0.00	226	0.0	0.00	2.04
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1442	17.05	1677	85	0	61.35	0.00	60	156.99	12.30	60.60	10366	1134.6	10.20	7.25
% of Calories				10.64 %		23.6%	0%	38.3%	0.0%		43.5%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 05/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002018 2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990380 2-Apricots, Diced, Frozen	Each	1	125	0.00	5	27	0	0.00	0.00	0	31.89	1.99	1.00	399	12.0	4.78	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1512	16.13	1985	97	0	63.63	0.00	45	176.90	15.20	63.53	1977	1034.6	46.46	6.42
% of Calories				9.60%		25.7%	0%	37.9%	0.0%		46.8%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 05/15/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990346 2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
003190 2-Peach Cup	1/2 cup	1	90	0.00	0	19	0	0.00	0.00	0	20.96	2.00	1.00	354	4.0	117.55	0.46
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1287	12.00	1568	78	1	47.53	0.00	56	150.90	12.03	62.80	2172	1274.6	121.15	6.46
% of Calories				8.39%		24.2%	0.3%	33.2%	0.0%		46.9%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 05/16/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1488	17.39	1771	67	0	64.17	0.00	98	156.20	13.04	68.62	1353	1085.6	2.42	7.01
% of Calories				10.52 %		18.0%	0%	38.8%	0.0%		42.0%		18.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/17/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1410	15.10	1659	76	0	60.29	0.00	43	160.89	18.98	56.72	9940	981.6	3.60	5.91
% of Calories				9.64%		21.6%	0%	38.5%	0.0%		45.6%		16.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 05/20/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	400	7.00	610	6	0	17.00	0.00	40	36.00	1.00	19.00	500	353.0	9.00	2.00
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
000478 2-Applesauce	1/2 cup	1	68	0.00	17	20	0	0.00	0.00	0	16.97	1.13	0.00	226	0.0	0.00	2.04
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1442	17.05	1677	85	0	61.35	0.00	60	156.99	12.30	60.60	10366	1134.6	10.20	7.25
% of Calories				10.64 %		23.6%	0%	38.3%	0.0%		43.5%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 05/21/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002018 2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990380 2-Apricots, Diced, Frozen	Each	1	125	0.00	5	27	0	0.00	0.00	0	31.89	1.99	1.00	399	12.0	4.78	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1512	16.13	1985	97	0	63.63	0.00	45	176.90	15.20	63.53	1977	1034.6	46.46	6.42
% of Calories				9.60%		25.7%	0%	37.9%	0.0%		46.8%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 05/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990346 2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
003190 2-Peach Cup	1/2 cup	1	90	0.00	0	19	0	0.00	0.00	0	20.96	2.00	1.00	354	4.0	117.55	0.46
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1287	12.00	1568	78	1	47.53	0.00	56	150.90	12.03	62.80	2172	1274.6	121.15	6.46
% of Calories				8.39%		24.2%	0.3%	33.2%	0.0%		46.9%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 05/23/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1488	17.39	1771	67	0	64.17	0.00	98	156.20	13.04	68.62	1353	1085.6	2.42	7.01
% of Calories				10.52 %		18.0%	0%	38.8%	0.0%		42.0%		18.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/24/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1410	15.10	1659	76	0	60.29	0.00	43	160.89	18.98	56.72	9940	981.6	3.60	5.91
% of Calories				9.64%		21.6%	0%	38.5%	0.0%		45.6%		16.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Monday - 05/27/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002993 2-Pizza, I/W Pepperoni Wedge-Piazza	Each	1	400	7.00	610	6	0	17.00	0.00	40	36.00	1.00	19.00	500	353.0	9.00	2.00
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
000478 2-Applesauce	1/2 cup	1	68	0.00	17	20	0	0.00	0.00	0	16.97	1.13	0.00	226	0.0	0.00	2.04
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1442	17.05	1677	85	0	61.35	0.00	60	156.99	12.30	60.60	10366	1134.6	10.20	7.25
% of Calories				10.64 %		23.6%	0%	38.3%	0.0%		43.5%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Tuesday - 05/28/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
002018 2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990380 2-Apricots, Diced, Frozen	Each	1	125	0.00	5	27	0	0.00	0.00	0	31.89	1.99	1.00	399	12.0	4.78	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1512	16.13	1985	97	0	63.63	0.00	45	176.90	15.20	63.53	1977	1034.6	46.46	6.42
% of Calories				9.60%		25.7%	0%	37.9%	0.0%		46.8%		16.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Wednesday - 05/29/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990346 2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
003190 2-Peach Cup	1/2 cup	1	90	0.00	0	19	0	0.00	0.00	0	20.96	2.00	1.00	354	4.0	117.55	0.46
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1287	12.00	1568	78	1	47.53	0.00	56	150.90	12.03	62.80	2172	1274.6	121.15	6.46
% of Calories				8.39%		24.2%	0.3%	33.2%	0.0%		46.9%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Thursday - 05/30/2024

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1488	17.39	1771	67	0	64.17	0.00	98	156.20	13.04	68.62	1353	1085.6	2.42	7.01
% of Calories				10.52 %		18.0%	0%	38.8%	0.0%		42.0%		18.4%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/31/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			1410	15.10	1659	76	0	60.29	0.00	43	160.89	18.98	56.72	9940	981.6	3.60	5.91
% of Calories				9.64%		21.6%	0%	38.5%	0.0%		45.6%		16.1%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	1424	15	1723	80	0	59.12	0.00	61	159.80	14.36	62.49	5074	1104	37.50	6.59
% of Calories		9.76%		22.5%	0%	37.4%	0.0%		44.9%		17.6%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.