

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

**Menu Name:** Nutrient Info Lunch      **Include Cost:** No  
**Site:**      **Report Style:** Detailed  
**Use Alternate Menu Name:** No

### Wednesday - 05/01/2024      Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
003280 2-Penne Pasta w/MeatSauce	servings	1	373	5.82	514	4	0	13.14	0.00	43	45.59	6.91	21.56	304	211.5	0.08	4.54
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	403	7.50	1012	5	0	19.60	0.00	72	33.69	3.69	27.00	528	286.7	4.69	3.98
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990523 2-Pastrami Sandwich, Hot	each	1	302	3.44	1070	3	0	15.18	0.00	69	22.87	2.12	20.42	0	119.8	0.00	2.78
001231 2-Vegetarian Wrap	1 each	1	594	13.51	1641	3	0	37.56	0.00	55	43.28	4.94	17.35	1950	336.0	12.60	1.53
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
990222 2-Banana, petite	Each	1	66	0.00	0	10	0	0.00	0.00	0	18.00	2.00	0.00	0	0.0	7.20	0.00
001411 2-Juice, Orange, 100% (4oz.)	1/2 cup	1	60	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	70.00	0.00
990452 2-Celery & Carrot Sticks	Serving	1	22	0.01	59	2	0	0.17	0.00	0	4.98	1.74	0.64	6631	28.8	2.34	0.20
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
001661	2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804	2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001870	2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average				3210	48.17	6575	103	0	150.42	0.00	332	319.07	35.13	156.12	11242	2071.2	105.20	20.94
% of Calories					13.51 %		12.8%	0%	42.2%	0.0%		39.8%		19.5%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

## Thursday - 05/02/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990154	2-Beef Dunkers, Teriyaki w/rice & Broccoli	serving	1	422	4.90	1601	5	0	13.49	0.51	41	52.08	6.93	22.37	0	152.8	0.30	3.80
003544	2-Beef Dunker only	serving	1	163	3.56	448	4	0	8.14	0.51	41	6.11	1.02	14.25	0	20.4	0.00	1.46
003636	2-Rice,Brown Cooked w/ broth	cups	1	227	1.34	1011	0	0	5.35	0.00	0	39.81	2.21	4.42	0	11.2	0.30	1.17
990155	2-Broccoli Steamed	1/2 cup	1	32	0.00	142	1	0	0.00	0.00	0	6.16	3.70	3.70	0	121.2	0.00	1.17
990104	2-Chicken Buffalo,Grilled Sand	each	1	261	0.00	2009	4	0	4.52	0.00	65	31.00	3.00	27.13	1512	200.0	0.00	1.80
009538	2-Salad, Taco, beef	Servings	1	672	10.80	1326	2	0	42.72	0.00	58	48.76	3.00	26.36	2189	203.4	5.79	3.68
003598	2-Salad, Taco-only	Servings	1	204	5.69	668	2	0	12.40	0.00	46	5.60	0.97	17.05	2149	134.6	5.79	2.30
003597	2-Tortilla chips-only	2 oz	1	284	1.01	233	0	0	12.15	0.00	0	40.50	2.02	4.05	0	60.8	0.00	0.61
001806	2-Pizza, Veggie	Slice	1	259	4.10	499	5	0	7.74	0.00	20	27.07	2.97	19.52	125	10.9	6.92	1.26

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
000470 2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0	0	0.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3769	42.80	9947	98	0	159.43	1.02	295	401.48	38.78	183.38	7248	1753.7	61.81	20.99
% of Calories				10.22 %		10.4%	0%	38.1%	0.2%		42.6%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

Friday - 05/03/2024

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001736 2-Meatloafw/Mashed Potato&roll	1 each	1	613	6.84	1759	15	0	23.27	2.69	100	69.98	5.17	31.88	135	171.0	29.56	7.36
990518 2-Meatloaf-only	1 each	1	350	5.82	1181	11	0	18.21	2.69	100	22.68	0.64	23.86	135	159.1	0.93	5.60
000164 2-Potatoes,Mashed-only	1/2 cup	1	99	0.54	142	0	0	1.48	0.00	0	18.13	1.91	1.91	0	1.9	28.63	0.35
000092 2-Gravy,Brown Trio	SERVINGS	1	24	0.48	319	0	0	0.96	0.00	0	3.84	0.00	0.00	0	1.2	0.00	0.01
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
990497 2-Chicken, Spicy Sandwich-only	1 each	1	430	3.00	600	5	0	17.00	0.00	25	48.00	6.00	22.00	100	240.0	0.00	4.50
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990509 2-Salad, Pasta Chicken Caesar	EACH	1	451	4.70	776	3	0	25.34	0.00	69	33.97	4.16	22.98	4877	106.1	2.24	2.35
990546 2-Garlic Noodles w/ Tofu	servings	1	610	8.26	2194	6	0	21.57	0.00	11	79.44	10.98	29.35	141	281.5	3.34	7.30
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
990196 2-Carrots, Diced	1/2 cup	1	37	0.38	284	0	0	1.14	0.00	0	6.28	1.70	0.73	15619	28.4	3.06	0.73
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

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## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4357	42.91	9621	127	0	173.46	5.37	355	499.23	50.62	203.95	23068	2060.1	79.57	37.65
% of Calories				8.86%		11.7%	0%	35.8%	1.1%		45.8%		18.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

## Monday - 05/06/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990545 2-Chicken, Lemongrass w/Rice kit	servings	1	459	3.57	251	12	0	4.56	0.00	55	84.05	2.78	19.37	0	26.5	0.00	3.57
990549 2-Chicken, Lemongrass -only	servings	1	160	3.01	231	12	0	3.01	0.00	55	20.05	1.00	14.04	0	0.0	0.00	0.00
990093 2-Rice,White Cooked	cups	1	299	0.57	21	0	0	1.55	0.00	0	64.00	1.78	5.33	0	26.5	0.00	3.57
002623 2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	360	4.00	870	14	0	12.00	0.00	40	44.00	5.00	21.00	400	240.0	1.20	3.60
990333 2-Chicken Nuggets w/ Fries & Dinner Roll	serving	1	438	2.17	491	4	0	17.28	0.00	22	53.19	5.89	21.31	87	43.4	3.20	3.36
990283 2-Chicken Nuggets-only	5 each	1	226	2.17	347	1	0	13.02	0.00	22	13.89	2.60	13.88	87	34.7	0.00	1.56
000763 2-Potatoes,French Fries- only	1/2 cup	1	73	0.00	27	0	0	1.67	0.00	0	14.00	0.67	1.33	0	0.0	3.20	0.40
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
000985 2-Breadsticks w/ Pizza Sauce	Servings	1	331	5.21	607	7	0	11.41	0.00	20	34.59	3.73	21.04	0	10.5	0.03	1.57

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990282	2-Cheesy Breadsticks-only	1 serving	1	474	11.14	808	4	0	27.21	0.00	51	36.32	3.79	19.73	405	364.5	0.00	10.26
990228	2-Sauce Pizza - scratch (Tomato Paste)	ounce	1	25	0.10	56	2	0	0.68	0.00	0	3.49	0.60	0.56	0	1.0	0.02	0.05
000013	2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392	Other																	
000108	2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	11	0	0.17	0.00	0	13.98	2.40	0.26	55	6.0	4.61	0.12
002590	2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505	2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000294	2-Beans, Vegetarian	1/2 CUP	1	157	0.00	137	7	0	0.98	0.00	0	28.44	4.90	4.90	0	78.5	2.35	1.76
001876	2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879	2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000470	2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21
001661	2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804	2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802	2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870	2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average				4317	42.98	5964	152	0	147.59	0.00	289	556.07	48.04	191.64	10674	1626.6	17.01	34.65
% of Calories					8.96%		14.1%	0%	30.8%	0.0%		51.5%		17.8%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

# Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

Tuesday - 05/07/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	595	4.93	909	20	0	25.01	0.00	52	71.20	4.32	23.22	165	48.2	45.25	2.47
003551 2-Chicken, popcorn-only	Serving	1	222	2.22	343	0	0	12.19	0.00	28	13.29	1.11	17.73	111	22.2	16.62	1.00
000164 2-Potatoes,Mashed-only	1/2 cup	1	99	0.54	142	0	0	1.48	0.00	0	18.13	1.91	1.91	0	1.9	28.63	0.35
000092 2-Gravy,Brown Trio	SERVINGS	1	24	0.48	319	0	0	0.96	0.00	0	3.84	0.00	0.00	0	1.2	0.00	0.01
990073 2-Corn w/margarine (1/4 cup)	.25 cup	1	35	0.19	10	1	0	0.77	0.00	0	4.49	0.50	0.50	0	10.0	0.00	0.00
990180 2-Applesauce Quikbrd-1 oz	1 oz	1	216	1.51	95	19	0	9.61	0.00	25	31.44	0.80	3.09	54	13.0	0.00	1.12
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	403	7.50	1012	5	0	19.60	0.00	72	33.69	3.69	27.00	528	286.7	4.69	3.98
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
002174 2-Turkey & Cheese Sandwich	1 each	1	283	2.50	1191	3	0	6.02	0.00	50	29.84	4.13	23.82	890	147.7	0.92	1.53
990506 2-Vegetarian Pasta Salad	servings	1	373	1.84	1505	8	0	9.15	0.00	5	55.45	9.25	14.01	308	85.4	5.26	5.81
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000275 2-Peas	1/2 cup	1	87	0.00	206	6	0	0.00	0.00	0	16.18	5.88	5.88	0	29.4	0.00	1.59
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3905	40.26	7948	138	0	155.72	0.00	330	447.10	48.11	185.77	12225	1725.6	108.33	25.04
% of Calories				9.28%		14.1%	0%	35.9%	0.0%		45.8%		19.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Wednesday - 05/08/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990425 2-Spaghetti w/Meatballs (All Natural)	servings	1	660	10.30	957	0	0	29.21	0.50	68	74.21	10.10	32.14	253	228.0	16.33	7.44
002524 2-Corn Dog-only	1 each	1	240	2.50	470	7	0	9.00	0.00	40	30.00	2.00	9.00	0	100.0	0.00	1.50
990547 2-Pizza, Pepperoni, Jalapeno & Pineapple	each	1	294	5.12	743	4	0	10.06	0.00	26	29.19	3.56	20.48	0	7.8	4.02	2.91
001231 2-Vegetarian Wrap	1 each	1	594	13.51	1641	3	0	37.56	0.00	55	43.28	4.94	17.35	1950	336.0	12.60	1.53
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85



**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990392 Other																	
990222 2-Banana, petite	Each	1	66	0.00	0	10	0	0.00	0.00	0	18.00	2.00	0.00	0	0.0	7.20	0.00
001411 2-Juice, Orange, 100% (4oz.)	1/2 cup	1	60	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	70.00	0.00
990452 2-Celery & Carrot Sticks	Serving	1	22	0.01	59	2	0	0.17	0.00	0	4.98	1.74	0.64	6631	28.8	2.34	0.20
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			2923	41.83	5136	97	0	131.18	0.50	208	316.62	34.36	121.74	10134	1502.2	116.09	17.51
% of Calories				12.88 %		13.3%	0%	40.4%	0.2%		43.3%		16.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Thursday - 05/09/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990482 2-Tri Tip Sandwich	Sandwich	1	598	0.67	2951	3	0	24.78	0.00	149	37.85	4.00	54.01	0	9.6	0.00	0.68
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
003620 2-Salad, Spicy Chicken-only	Servings	1	531	11.06	812	2	0	40.20	0.00	55	20.94	3.75	21.70	2277	255.6	4.72	3.00
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
001828 2-Salad, Chicken Caesar w/ roll	EACH	1	492	4.53	869	7	0	26.30	0.00	68	39.77	3.80	25.05	4877	111.9	2.24	1.94
990234 2-Salad, Chicken Caesar-only	EACH	1	352	4.53	751	3	0	23.68	0.00	68	14.44	1.18	18.94	4877	103.1	2.24	0.54
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
990530 2-Pizza, Cheese - Homemade	each	1	253	4.10	498	4	0	7.70	0.00	20	25.78	2.62	19.30	0	7.8	0.02	1.20
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4054	39.29	8328	104	0	195.31	0.00	411	360.16	38.20	211.48	14162	1586.0	61.33	17.14
% of Calories				8.72%		10.3%	0%	43.4%	0.0%		35.5%		20.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

### Friday - 05/10/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001805 2-Chicken Chili Verde	1 serving	1	524	2.40	2270	5	0	11.05	0.00	68	74.59	7.92	30.93	247	64.6	1.22	5.19
990551 2-Chicken Chili Verde-only	1 serving	1	141	0.00	1149	0	0	3.25	0.00	68	4.93	2.30	21.78	223	3.2	1.22	2.32
000241 2-Rice, Spanish	cup	1	244	0.85	800	3	0	4.34	0.00	0	46.07	3.26	5.51	21	20.5	0.00	1.91
990550 2-Tortilla, 8"-only	1 serving	1	105	1.43	210	1	0	2.86	0.00	0	17.14	1.90	2.86	0	38.1	0.00	0.69
990426 2-Fish Filet on Bun w/Tarter Sauce	Each	1	420	2.08	1009	5	0	18.20	0.00	44	46.28	5.01	21.02	0	210.2	0.13	2.90
001104 2-Wrap,Spicy Chicken	1 each	1	597	7.51	1163	2	0	28.54	0.00	40	54.32	5.16	23.21	990	138.9	0.92	3.88
990346 2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
001681	2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
990196	2-Carrots, Diced	1/2 cup	1	37	0.38	284	0	0	1.14	0.00	0	6.28	1.70	0.73	15619	28.4	3.06	0.73
001876	2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879	2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661	2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804	2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802	2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average				3505	27.64	8417	94	1	124.40	0.00	281	416.81	37.30	167.83	18823	1779.5	8.97	22.90
% of Calories					7.10%		10.7%	0.1%	31.9%	0.0%		47.6%		19.2%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

**Monday - 05/13/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990473	2-Chicken, Sweet Thai Chili w/Rice kit	servings	1	473	3.57	463	16	0	4.56	0.00	55	87.06	2.78	19.37	301	26.5	0.00	4.66
990477	2-Chicken, Sweet Thai Chili-only	servings	1	174	3.01	442	16	0	3.01	0.00	55	23.06	1.00	14.04	301	0.0	0.00	1.08
990093	2-Rice, White Cooked	cups	1	299	0.57	21	0	0	1.55	0.00	0	64.00	1.78	5.33	0	26.5	0.00	3.57
002524	2-Corn Dog-only	1 each	1	240	2.50	470	7	0	9.00	0.00	40	30.00	2.00	9.00	0	100.0	0.00	1.50
002018	2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	11	0	0.17	0.00	0	13.98	2.40	0.26	55	6.0	4.61	0.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000294 2-Beans, Vegetarian	1/2 CUP	1	157	0.00	137	7	0	0.98	0.00	0	28.44	4.90	4.90	0	78.5	2.35	1.76
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000470 2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0	0	0.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3233	30.83	4974	145	0	98.86	0.00	218	451.28	37.97	130.95	10900	1443.9	11.78	21.70
% of Calories				8.58%		17.9%	0%	27.5%	0.0%		55.8%		16.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

# Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

Tuesday - 05/14/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	CalcM (mg)	Vit-C (mg)	Iron (mg)
990304 2-Broccoli Cheddar Soup	-serving	1	610	16.18	1360	12	0	35.62	0.00	66	47.39	5.80	25.16	2511	601.5	3.39	2.20
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
990497 2-Chicken, Spicy Sandwich-only	1 each	1	430	3.00	600	5	0	17.00	0.00	25	48.00	6.00	22.00	100	240.0	0.00	4.50
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	-serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
000733 2-Sesame Chicken Salad w/ roll	-serving	1	343	1.19	303	6	0	11.82	0.00	504	37.73	19.40	22.33	1745	28.6	5.44	2.86
003659 2-Salad, Sesame Chick-only	-serving	1	199	1.19	174	2	0	8.80	0.00	196	12.40	7.06	16.21	1745	19.9	5.44	1.46
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
990510 2-Pizza, Caprese-Homemade	each	1	316	7.18	659	5	0	15.92	0.00	51	26.37	3.06	17.74	877	377.3	8.18	1.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000275 2-Peas	1/2 cup	1	87	0.00	206	6	0	0.00	0.00	0	16.18	5.88	5.88	0	29.4	0.00	1.59
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
000802	2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001661	2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
001870	2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
<b>Weighted Daily Average</b>				3885	42.80	5877	122	0	162.94	0.00	893	427.95	72.64	186.15	17475	2362.7	34.09	25.16
<b>% of Calories</b>					9.92%		12.6%	0%	37.7%	0.0%		44.1%		19.2%				
<b>Weekly Nutrient Guideline</b>				750 - 850	<10	1280			<=0									

**Wednesday - 05/15/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
003280	2-Penne Pasta w/MeatSauce	servings	1	373	5.82	514	4	0	13.14	0.00	43	45.59	6.91	21.56	304	211.5	0.08	4.54
990388	2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	403	7.50	1012	5	0	19.60	0.00	72	33.69	3.69	27.00	528	286.7	4.69	3.98
990496	2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
990481	j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990523	2-Pastrami Sandwich, Hot	each	1	302	3.44	1070	3	0	15.18	0.00	69	22.87	2.12	20.42	0	119.8	0.00	2.78
001231	2-Vegetarian Wrap	1 each	1	594	13.51	1641	3	0	37.56	0.00	55	43.28	4.94	17.35	1950	336.0	12.60	1.53
000013	2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392	Other																	
990222	2-Banana, petite	Each	1	66	0.00	0	10	0	0.00	0.00	0	18.00	2.00	0.00	0	0.0	7.20	0.00

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001411 2-Juice, Orange, 100% (4oz.)	1/2 cup	1	60	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	70.00	0.00
990452 2-Celery & Carrot Sticks	Serving	1	22	0.01	59	2	0	0.17	0.00	0	4.98	1.74	0.64	6631	28.8	2.34	0.20
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
<b>Weighted Daily Average</b>			<b>3210</b>	<b>48.17</b>	<b>6575</b>	<b>103</b>	<b>0</b>	<b>150.42</b>	<b>0.00</b>	<b>332</b>	<b>319.07</b>	<b>35.13</b>	<b>156.12</b>	<b>11242</b>	<b>2071.2</b>	<b>105.20</b>	<b>20.94</b>
% of Calories				13.51 %		12.8%	0%	42.2%	0.0%		39.8%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Thursday - 05/16/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990154 2-Beef Dunkers, Teriyaki w/rice & Broccoli	serving	1	422	4.90	1601	5	0	13.49	0.51	41	52.08	6.93	22.37	0	152.8	0.30	3.80
003544 2-Beef Dunker only	serving	1	163	3.56	448	4	0	8.14	0.51	41	6.11	1.02	14.25	0	20.4	0.00	1.46
003636 2-Rice,Brown Cooked w/ broth	cups	1	227	1.34	1011	0	0	5.35	0.00	0	39.81	2.21	4.42	0	11.2	0.30	1.17
990155 2-Broccoli Steamed	1/2 cup	1	32	0.00	142	1	0	0.00	0.00	0	6.16	3.70	3.70	0	121.2	0.00	1.17



# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990104 2-Chicken Buffalo,Grilled Sand	each	1	261	0.00	2009	4	0	4.52	0.00	65	31.00	3.00	27.13	1512	200.0	0.00	1.80
009538 2-Salad, Taco, beef	Servings	1	672	10.80	1326	2	0	42.72	0.00	58	48.76	3.00	26.36	2189	203.4	5.79	3.68
003598 2-Salad, Taco-only	Servings	1	204	5.69	668	2	0	12.40	0.00	46	5.60	0.97	17.05	2149	134.6	5.79	2.30
003597 2-Tortilla chips-only	2 oz	1	284	1.01	233	0	0	12.15	0.00	0	40.50	2.02	4.05	0	60.8	0.00	0.61
001806 2-Pizza, Veggie	Slice	1	259	4.10	499	5	0	7.74	0.00	20	27.07	2.97	19.52	125	10.9	6.92	1.26
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
000470 2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0	0	0.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3769	42.80	9947	98	0	159.43	1.02	295	401.48	38.78	183.38	7248	1753.7	61.81	20.99
% of Calories				10.22 %		10.4%	0%	38.1%	0.2%		42.6%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

## Friday - 05/17/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001736 2-Meatloafw/Mashed Potato&roll	1 each	1	613	6.84	1759	15	0	23.27	2.69	100	69.98	5.17	31.88	135	171.0	29.56	7.36
990518 2-Meatloaf-only	1 each	1	350	5.82	1181	11	0	18.21	2.69	100	22.68	0.64	23.86	135	159.1	0.93	5.60
000164 2-Potatoes,Mashed-only	1/2 cup	1	99	0.54	142	0	0	1.48	0.00	0	18.13	1.91	1.91	0	1.9	28.63	0.35
000092 2-Gravy,Brown Trio	SERVINGS	1	24	0.48	319	0	0	0.96	0.00	0	3.84	0.00	0.00	0	1.2	0.00	0.01
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
990497 2-Chicken, Spicy Sandwich-only	1 each	1	430	3.00	600	5	0	17.00	0.00	25	48.00	6.00	22.00	100	240.0	0.00	4.50
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990509 2-Salad, Pasta Chicken Caesar	EACH	1	451	4.70	776	3	0	25.34	0.00	69	33.97	4.16	22.98	4877	106.1	2.24	2.35
990546 2-Garlic Noodles w/ Tofu	servings	1	610	8.26	2194	6	0	21.57	0.00	11	79.44	10.98	29.35	141	281.5	3.34	7.30
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990392 Other																	
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
990196 2-Carrots, Diced	1/2 cup	1	37	0.38	284	0	0	1.14	0.00	0	6.28	1.70	0.73	15619	28.4	3.06	0.73
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4357	42.91	9621	127	0	173.46	5.37	355	499.23	50.62	203.95	23068	2060.1	79.57	37.65
% of Calories				8.86%		11.7%	0%	35.8%	1.1%		45.8%		18.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

### Monday - 05/20/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990545 2-Chicken, Lemongrass w/Rice kit	servings	1	459	3.57	251	12	0	4.56	0.00	55	84.05	2.78	19.37	0	26.5	0.00	3.57
990549 2-Chicken, Lemongrass -only	servings	1	160	3.01	231	12	0	3.01	0.00	55	20.05	1.00	14.04	0	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990093	2-Rice,White Cooked	cups	1	299	0.57	21	0	0	1.55	0.00	0	64.00	1.78	5.33	0	26.5	0.00	3.57
002623	2-Beef Rib Grill Honey BBQ Sandwich-only	1 each	1	360	4.00	870	14	0	12.00	0.00	40	44.00	5.00	21.00	400	240.0	1.20	3.60
990333	2-Chicken Nuggets w/ Fries & Dinner Roll	serving	1	438	2.17	491	4	0	17.28	0.00	22	53.19	5.89	21.31	87	43.4	3.20	3.36
990283	2-Chicken Nuggets-only	5 each	1	226	2.17	347	1	0	13.02	0.00	22	13.89	2.60	13.88	87	34.7	0.00	1.56
000763	2-Potatoes,French Fries- only	1/2 cup	1	73	0.00	27	0	0	1.67	0.00	0	14.00	0.67	1.33	0	0.0	3.20	0.40
990218	2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
000985	2-Breadsticks w/ Pizza Sauce	Servings	1	331	5.21	607	7	0	11.41	0.00	20	34.59	3.73	21.04	0	10.5	0.03	1.57
990282	2-Cheesy Breadsticks-only	1 serving	1	474	11.14	808	4	0	27.21	0.00	51	36.32	3.79	19.73	405	364.5	0.00	10.26
990228	2-Sauce Pizza - scratch (Tomato Paste)	ounce	1	25	0.10	56	2	0	0.68	0.00	0	3.49	0.60	0.56	0	1.0	0.02	0.05
000013	2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392	Other																	
000108	2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	11	0	0.17	0.00	0	13.98	2.40	0.26	55	6.0	4.61	0.12
002590	2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505	2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000294	2-Beans, Vegetarian	1/2 CUP	1	157	0.00	137	7	0	0.98	0.00	0	28.44	4.90	4.90	0	78.5	2.35	1.76
001876	2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879	2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000470	2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4317	42.98	5964	152	0	147.59	0.00	289	556.07	48.04	191.64	10674	1626.6	17.01	34.65
% of Calories				8.96%		14.1%	0%	30.8%	0.0%		51.5%		17.8%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

### Tuesday - 05/21/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001210 2-Chicken w/Mashed Potato Bowl	Serving	1	595	4.93	909	20	0	25.01	0.00	52	71.20	4.32	23.22	165	48.2	45.25	2.47
003551 2-Chicken, popcorn-only	Serving	1	222	2.22	343	0	0	12.19	0.00	28	13.29	1.11	17.73	111	22.2	16.62	1.00
000164 2-Potatoes,Mashed-only	1/2 cup	1	99	0.54	142	0	0	1.48	0.00	0	18.13	1.91	1.91	0	1.9	28.63	0.35
000092 2-Gravy,Brown Trio	SERVINGS	1	24	0.48	319	0	0	0.96	0.00	0	3.84	0.00	0.00	0	1.2	0.00	0.01
990073 2-Corn w/margarine (1/4 cup)	.25 cup	1	35	0.19	10	1	0	0.77	0.00	0	4.49	0.50	0.50	0	10.0	0.00	0.00
990180 2-Applesauce Quikbrd-1 oz	1 oz	1	216	1.51	95	19	0	9.61	0.00	25	31.44	0.80	3.09	54	13.0	0.00	1.12
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	403	7.50	1012	5	0	19.60	0.00	72	33.69	3.69	27.00	528	286.7	4.69	3.98
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
002174 2-Turkey & Cheese Sandwich	1 each	1	283	2.50	1191	3	0	6.02	0.00	50	29.84	4.13	23.82	890	147.7	0.92	1.53
990506 2-Vegetarian Pasta Salad	servings	1	373	1.84	1505	8	0	9.15	0.00	5	55.45	9.25	14.01	308	85.4	5.26	5.81
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000275 2-Peas	1/2 cup	1	87	0.00	206	6	0	0.00	0.00	0	16.18	5.88	5.88	0	29.4	0.00	1.59
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3905	40.26	7948	138	0	155.72	0.00	330	447.10	48.11	185.77	12225	1725.6	108.33	25.04
% of Calories				9.28%		14.1%	0%	35.9%	0.0%		45.8%		19.0%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

# Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

Wednesday - 05/22/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990425 2-Spaghetti w/Meatballs (All Natural)	servings	1	660	10.30	957	0	0	29.21	0.50	68	74.21	10.10	32.14	253	228.0	16.33	7.44
002524 2-Corn Dog-only	1 each	1	240	2.50	470	7	0	9.00	0.00	40	30.00	2.00	9.00	0	100.0	0.00	1.50
990547 2-Pizza, Pepperoni, Jalapeno & Pineapple	each	1	294	5.12	743	4	0	10.06	0.00	26	29.19	3.56	20.48	0	7.8	4.02	2.91
001231 2-Vegetarian Wrap	1 each	1	594	13.51	1641	3	0	37.56	0.00	55	43.28	4.94	17.35	1950	336.0	12.60	1.53
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
990222 2-Banana, petite	Each	1	66	0.00	0	10	0	0.00	0.00	0	18.00	2.00	0.00	0	0.0	7.20	0.00
001411 2-Juice, Orange, 100% (4oz.)	1/2 cup	1	60	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	70.00	0.00
990452 2-Celery & Carrot Sticks	Serving	1	22	0.01	59	2	0	0.17	0.00	0	4.98	1.74	0.64	6631	28.8	2.34	0.20
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			2923	41.83	5136	97	0	131.18	0.50	208	316.62	34.36	121.74	10134	1502.2	116.09	17.51
% of Calories				12.88 %		13.3%	0%	40.4%	0.2%		43.3%		16.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

### Thursday - 05/23/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990482 2-Tri Tip Sandwich	Sandwich	1	598	0.67	2951	3	0	24.78	0.00	149	37.85	4.00	54.01	0	9.6	0.00	0.68
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
003620 2-Salad, Spicy Chicken-only	Servings	1	531	11.06	812	2	0	40.20	0.00	55	20.94	3.75	21.70	2277	255.6	4.72	3.00
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
001828 2-Salad, Chicken Caesar w/ roll	EACH	1	492	4.53	869	7	0	26.30	0.00	68	39.77	3.80	25.05	4877	111.9	2.24	1.94
990234 2-Salad, Chicken Caesar-only	EACH	1	352	4.53	751	3	0	23.68	0.00	68	14.44	1.18	18.94	4877	103.1	2.24	0.54
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
990530 2-Pizza, Cheese - Homemade	each	1	253	4.10	498	4	0	7.70	0.00	20	25.78	2.62	19.30	0	7.8	0.02	1.20
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00



**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4054	39.29	8328	104	0	195.31	0.00	411	360.16	38.20	211.48	14162	1586.0	61.33	17.14
% of Calories				8.72%		10.3%	0%	43.4%	0.0%		35.5%		20.9%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Friday - 05/24/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001805 2-Chicken Chili Verde	1 serving	1	524	2.40	2270	5	0	11.05	0.00	68	74.59	7.92	30.93	247	64.6	1.22	5.19
990551 2-Chicken Chili Verde-only	1 serving	1	141	0.00	1149	0	0	3.25	0.00	68	4.93	2.30	21.78	223	3.2	1.22	2.32
000241 2-Rice, Spanish	cup	1	244	0.85	800	3	0	4.34	0.00	0	46.07	3.26	5.51	21	20.5	0.00	1.91
990550 2-Tortilla, 8"-only	1 serving	1	105	1.43	210	1	0	2.86	0.00	0	17.14	1.90	2.86	0	38.1	0.00	0.69

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)	
990426	2-Fish Filet on Bun w/Tarter Sauce	Each	1	420	2.08	1009	5	0	18.20	0.00	44	46.28	5.01	21.02	0	210.2	0.13	2.90
001104	2-Wrap,Spicy Chicken	1 each	1	597	7.51	1163	2	0	28.54	0.00	40	54.32	5.16	23.21	990	138.9	0.92	3.88
990346	2-Breaded Cheese Pocket	serving	1	290	3.11	476	2	1	10.35	0.00	36	28.99	0.00	19.67	518	469.0	0.00	2.07
000013	2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392	Other																	
002424	2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
004515	2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
001681	2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
990196	2-Carrots, Diced	1/2 cup	1	37	0.38	284	0	0	1.14	0.00	0	6.28	1.70	0.73	15619	28.4	3.06	0.73
001876	2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879	2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661	2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804	2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802	2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average				3505	27.64	8417	94	1	124.40	0.00	281	416.81	37.30	167.83	18823	1779.5	8.97	22.90
% of Calories					7.10%		10.7%	0.1%	31.9%	0.0%		47.6%		19.2%				
Weekly Nutrient Guideline				750 - 850	<10	1280			<=0									

Monday - 05/27/2024

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990473 2-Chicken, Sweet Thai Chili w/Rice kit	servings	1	473	3.57	463	16	0	4.56	0.00	55	87.06	2.78	19.37	301	26.5	0.00	4.66
990477 2-Chicken, Sweet Thai Chili-only	servings	1	174	3.01	442	16	0	3.01	0.00	55	23.06	1.00	14.04	301	0.0	0.00	1.08
990093 2-Rice,White Cooked	cups	1	299	0.57	21	0	0	1.55	0.00	0	64.00	1.78	5.33	0	26.5	0.00	3.57
002524 2-Corn Dog-only	1 each	1	240	2.50	470	7	0	9.00	0.00	40	30.00	2.00	9.00	0	100.0	0.00	1.50
002018 2-Honey BBQ Pork Rib Sandwich	1 each	1	413	6.07	848	13	0	19.21	0.00	25	42.14	4.01	20.16	304	220.2	1.22	2.89
990095 2-Burrito, Los Cabos	each	1	296	4.05	499	1	0	8.94	0.00	18	40.86	8.81	15.12	300	200.0	1.20	2.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	11	0	0.17	0.00	0	13.98	2.40	0.26	55	6.0	4.61	0.12
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000294 2-Beans, Vegetarian	1/2 CUP	1	157	0.00	137	7	0	0.98	0.00	0	28.44	4.90	4.90	0	78.5	2.35	1.76
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000470 2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0	0	0.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3233	30.83	4974	145	0	98.86	0.00	218	451.28	37.97	130.95	10900	1443.9	11.78	21.70
% of Calories				8.58%		17.9%	0%	27.5%	0.0%		55.8%		16.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Tuesday - 05/28/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990304 2-Broccoli Cheddar Soup	serving	1	610	16.18	1360	12	0	35.62	0.00	66	47.39	5.80	25.16	2511	601.5	3.39	2.20
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
990497 2-Chicken, Spicy Sandwich-only	1 each	1	430	3.00	600	5	0	17.00	0.00	25	48.00	6.00	22.00	100	240.0	0.00	4.50
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
000733 2-Sesame Chicken Salad w/ roll	serving	1	343	1.19	303	6	0	11.82	0.00	504	37.73	19.40	22.33	1745	28.6	5.44	2.86
003659 2-Salad, Sesame Chick-only	serving	1	199	1.19	174	2	0	8.80	0.00	196	12.40	7.06	16.21	1745	19.9	5.44	1.46
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
990510 2-Pizza, Caprese-Homemade	each	1	316	7.18	659	5	0	15.92	0.00	51	26.37	3.06	17.74	877	377.3	8.18	1.70
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
003505 2-Carrots, Baby 2.6 Oz.	bag	1	26	0.00	57	4	0	0.10	0.00	0	6.07	2.14	0.47	8640	0.0	0.00	0.00
000275 2-Peas	1/2 cup	1	87	0.00	206	6	0	0.00	0.00	0	16.18	5.88	5.88	0	29.4	0.00	1.59
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3885	42.80	5877	122	0	162.94	0.00	893	427.95	72.64	186.15	17475	2362.7	34.09	25.16
% of Calories				9.92%		12.6%	0%	37.7%	0.0%		44.1%		19.2%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

### Wednesday - 05/29/2024

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
003280 2-Penne Pasta w/MeatSauce	servings	1	373	5.82	514	4	0	13.14	0.00	43	45.59	6.91	21.56	304	211.5	0.08	4.54
990388 2-Cheeseburger on a bun (Steak Burger Patty) Delux	1 each	1	403	7.50	1012	5	0	19.60	0.00	72	33.69	3.69	27.00	528	286.7	4.69	3.98

# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990496 2-Cheeseburger on a bun (Steak Burger Patty)-only	1 each	1	390	7.50	715	4	0	19.50	0.00	72	31.00	3.00	26.50	150	279.0	0.00	3.80
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990523 2-Pastrami Sandwich, Hot	each	1	302	3.44	1070	3	0	15.18	0.00	69	22.87	2.12	20.42	0	119.8	0.00	2.78
001231 2-Vegetarian Wrap	1 each	1	594	13.51	1641	3	0	37.56	0.00	55	43.28	4.94	17.35	1950	336.0	12.60	1.53
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
990222 2-Banana, petite	Each	1	66	0.00	0	10	0	0.00	0.00	0	18.00	2.00	0.00	0	0.0	7.20	0.00
001411 2-Juice, Orange, 100% (4oz.)	1/2 cup	1	60	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	70.00	0.00
990452 2-Celery & Carrot Sticks	Serving	1	22	0.01	59	2	0	0.17	0.00	0	4.98	1.74	0.64	6631	28.8	2.34	0.20
001676 2-Beans, Green, canned	1/2 cup	1	28	0.34	149	2	0	0.92	0.00	0	4.00	2.00	1.00	300	20.0	2.40	0.72
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3210	48.17	6575	103	0	150.42	0.00	332	319.07	35.13	156.12	11242	2071.2	105.20	20.94
% of Calories				13.51 %		12.8%	0%	42.2%	0.0%		39.8%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

# Base Menu Spreadsheet

Portion Values

May 1, 2024 thru Jun 8, 2024

Thursday - 05/30/2024

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990154 2-Beef Dunkers, Teriyaki w/rice & Broccoli	serving	1	422	4.90	1601	5	0	13.49	0.51	41	52.08	6.93	22.37	0	152.8	0.30	3.80
003544 2-Beef Dunker only	serving	1	163	3.56	448	4	0	8.14	0.51	41	6.11	1.02	14.25	0	20.4	0.00	1.46
003636 2-Rice,Brown Cooked w/ broth	cups	1	227	1.34	1011	0	0	5.35	0.00	0	39.81	2.21	4.42	0	11.2	0.30	1.17
990155 2-Broccoli Steamed	1/2 cup	1	32	0.00	142	1	0	0.00	0.00	0	6.16	3.70	3.70	0	121.2	0.00	1.17
990104 2-Chicken Buffalo,Grilled Sand	each	1	261	0.00	2009	4	0	4.52	0.00	65	31.00	3.00	27.13	1512	200.0	0.00	1.80
009538 2-Salad, Taco, beef	Servings	1	672	10.80	1326	2	0	42.72	0.00	58	48.76	3.00	26.36	2189	203.4	5.79	3.68
003598 2-Salad, Taco-only	Servings	1	204	5.69	668	2	0	12.40	0.00	46	5.60	0.97	17.05	2149	134.6	5.79	2.30
003597 2-Tortilla chips-only	2 oz	1	284	1.01	233	0	0	12.15	0.00	0	40.50	2.02	4.05	0	60.8	0.00	0.61
001806 2-Pizza, Veggie	Slice	1	259	4.10	499	5	0	7.74	0.00	20	27.07	2.97	19.52	125	10.9	6.92	1.26
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
000493 2-Pear, canned	1/2 cup	1	62	0.00	0	0	0	0.00	0.00	0	16.83	2.66	0.00	0	11.5	1.06	0.00
002590 2-Juice,Fruit Punch,4oz	1/2 cup	1	60	0.00	15	15	0	0.00	0.00	0	14.00	0.00	0.00	0	0.0	1.20	0.00
001589 2-Broccoli,Fresh,Raw	1/2 CUP	1	15	0.00	15	1	0	0.16	0.00	0	2.92	1.16	1.24	274	20.8	39.26	0.32
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36

**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001870 2-Ranch packet, 12 gram	ea	1	70	1.50	110	0	0	8.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
000470 2-Soy Sauce packet	.5 oz	1	7	0.00	779	0	0	0.08	0.00	0	0.72	0.11	1.17	0	4.7	0.00	0.21
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0	0	0.00	0.00	0	1.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			3769	42.80	9947	98	0	159.43	1.02	295	401.48	38.78	183.38	7248	1753.7	61.81	20.99
% of Calories				10.22 %		10.4%	0%	38.1%	0.2%		42.6%		19.5%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

**Friday - 05/31/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
001736 2-Meatloafw/Mashed Potato&roll	1 each	1	613	6.84	1759	15	0	23.27	2.69	100	69.98	5.17	31.88	135	171.0	29.56	7.36
990518 2-Meatloaf-only	1 each	1	350	5.82	1181	11	0	18.21	2.69	100	22.68	0.64	23.86	135	159.1	0.93	5.60
000164 2-Potatoes,Mashed-only	1/2 cup	1	99	0.54	142	0	0	1.48	0.00	0	18.13	1.91	1.91	0	1.9	28.63	0.35
000092 2-Gravy,Brown Trio	SERVINGS	1	24	0.48	319	0	0	0.96	0.00	0	3.84	0.00	0.00	0	1.2	0.00	0.01
990218 2-Roll, Dough, Dinner WG Proof & Bake	ea	1	140	0.00	118	3	0	2.62	0.00	0	25.32	2.62	6.11	0	8.7	0.00	1.40
002525 2-Chicken, Spicy Sandwich Deluxe	each	1	443	3.00	897	6	0	17.10	0.00	25	50.69	6.69	22.50	478	247.7	4.69	4.68
990497 2-Chicken, Spicy Sandwich-only	1 each	1	430	3.00	600	5	0	17.00	0.00	25	48.00	6.00	22.00	100	240.0	0.00	4.50



# Base Menu Spreadsheet

## Portion Values

May 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990481 j-Lettuce, Pickle & Tomato Cup - Deluxe	serving	1	13	0.00	297	1	0	0.10	0.00	0	2.69	0.69	0.50	378	7.7	4.69	0.18
990509 2-Salad, Pasta Chicken Caesar	EACH	1	451	4.70	776	3	0	25.34	0.00	69	33.97	4.16	22.98	4877	106.1	2.24	2.35
990546 2-Garlic Noodles w/ Tofu	servings	1	610	8.26	2194	6	0	21.57	0.00	11	79.44	10.98	29.35	141	281.5	3.34	7.30
000013 2-PB&J Sandwich Lunch	1 each	1	628	7.05	572	21	0	33.75	0.00	0	58.95	8.03	22.12	0	81.6	0.00	2.85
990392 Other																	
002424 2-Mixed Fruit Cup	1/2 cup	1	71	0.00	0	5	0	0.00	0.00	0	17.27	1.02	0.00	203	5.1	1.22	0.00
004515 2-Juice, Apple (4oz.)	1/2 cup	1	50	0.00	0	12	0	0.00	0.00	0	13.00	0.00	0.00	0	0.0	0.00	0.00
001681 2-Corn, bulk w/ margarine	1/2 cup	1	68	0.34	19	2	0	1.42	0.00	0	8.98	1.00	1.00	0	19.9	0.00	0.00
990196 2-Carrots, Diced	1/2 cup	1	37	0.38	284	0	0	1.14	0.00	0	6.28	1.70	0.73	15619	28.4	3.06	0.73
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15	0	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19	0	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
000804 2-Mustard, packet, 1/5 oz	1 each	1	1	0.00	60	0	0	0.00	0.00	0	0.00	0.00	0.00	0	0.0	0.00	0.00
000802 2-Mayo, packet, 9g	each	1	70	1.00	30	0	0	7.00	0.00	5	0.00	0.00	0.00	0	0.0	0.00	0.00
Weighted Daily Average			4357	42.91	9621	127	0	173.46	5.37	355	499.23	50.62	203.95	23068	2060.1	79.57	37.65
% of Calories				8.86%		11.7%	0%	35.8%	1.1%		45.8%		18.7%				
Weekly Nutrient Guideline			750 - 850	<10	1280			<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
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**Base Menu Spreadsheet**

Portion Values

May 1, 2024 thru Jun 8, 2024

Weighted Averages		3724	41	7466	117	0	151.39	0.88	357	417.88	43.78	174.85	13629	1813	63.26	24.65
% of Calories			9.80%		12.6%	0%	36.6%	0.2%		44.9%		18.8%				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes required nutrient values  
<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.