

ESUHSD

Base Menu Spreadsheet
 Portion Values - Detailed

Page 1

Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:15 AM

	Portion Size	Carb (g)
Mon - 01/08/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
Breakfast Sausage Sandwich I/W	1 Each	26.3
.	.	0.0
Pancake on a Stick	1 Each	19.39
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
PB&J - Breakfast	1 each	58.37
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Mixed Fruit cup,commodity	1/2 Cup	17.27
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
Weighted Daily Average		382.89
% of Calories		62.6%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Tue - 01/09/2018		
Nutrient Info-Breakfast	Total	
Burrito,Chorizo Egg & Potato	servings	31.0
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Smoothie, Blueberry	12 oz	38.08
Smoothie, Peach	12 oz	57.33
Smoothie, Strawberry	12 oz	60.4
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Roll, WG Cinnamon	1 each	43.21
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Peach Cup	serving(s)	59.95
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Salsa, commodity	1 each	1.89
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		601.43
% of Calories		68.4%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Wed - 01/10/2018		
Nutrient Info-Breakfast	Total	
Burrito, Chili Relleno	1 Each	36.15
.	.	0.0
Biscuit W/Sausage/W	1 Each	25.0
.	.	0.0
Burrito, Red Chili Bean&Chee	1 each	41.92
.	.	0.0
Oatmeal, hot w/ Trail Mix	serving	38.76
Oatmeal, hot-only	serving	14.76
Trail Mix	1/4 cup	24.0
.	.	0.0
Gems, powdered	1 each	44.86
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Cranberry, Dried	1/4 cup	24.96
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk, Strawberry, Foster Farms	8 oz	22.0
Milk, Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Sauce, Taco, packet, 9 gram	1 each	1.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		376.15
% of Calories		58.1%
Nutrient Guideline		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

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	Portion Size	Carb (g)
Thu - 01/11/2018		
Nutrient Info-Breakfast	Total	
Hot Ham& Cheese Breakfast	1 each	32.06
.	.	0.0
Yogurt Parfait, Berry w/Graham	servings	47.01
Yogurt Parfait, Berry-only	servings	29.01
Graham Cracker only	packet	19.63
.	.	0.0
Yogurt Parfait, Peachw/Gram crk	servings	49.13
Yogurt Parfait, Peach-only	servings	29.74
Graham Cracker only	packet	19.63
.	.	0.0
Applesauce Quickbread-2oz	2 oz	64.08
.	.	0.0
Cereal, Cinn Toast Crch&Muff	bowl	54.56
Cereal, Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal, Frosted Flakes w/Muffin	bowl	51.53
Cereal, Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Peanut Butter & Jelly Bar	1 each	32.6
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Strawberries (1/2 cup)	1/2 cup	33.05
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk, Strawberry, Foster Farms	8 oz	22.0
Milk, Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		647.56
% of Calories		68.2%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Carb (g)
Fri - 01/12/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
French Toast Stix-WG/IW	1 each	38.02
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Gems, chocolate	1 each	41.87
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Pear cup, commodity	1/2 cup	14.56
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		430.69
% of Calories		63.8%
Nutrient Guideline		

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Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Tue - 01/16/2018		
Nutrient Info-Breakfast	Total	
Burrito,Chorizo Egg & Potato	servings	31.0
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Smoothie, Blueberry	12 oz	38.08
Smoothie, Peach	12 oz	57.33
Smoothie, Strawberry	12 oz	60.4
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Roll, WG Cinnamon	1 each	43.21
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Peach Cup	serving(s)	59.95
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Salsa, commodity	1 each	1.89
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		601.43
% of Calories		68.4%
Nutrient Guideline		

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Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Wed - 01/17/2018		
Nutrient Info-Breakfast	Total	
Burrito, Chili Relleno	1 Each	36.15
.	.	0.0
Biscuit W/Sausage/W	1 Each	25.0
.	.	0.0
Burrito, Red Chili Bean&Chee	1 each	41.92
.	.	0.0
Oatmeal, hot w/ Trail Mix	serving	38.76
Oatmeal, hot-only	serving	14.76
Trail Mix	1/4 cup	24.0
.	.	0.0
Gems, powdered	1 each	44.86
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Cranberry, Dried	1/4 cup	24.96
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk, Strawberry, Foster Farms	8 oz	22.0
Milk, Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Sauce, Taco, packet, 9 gram	1 each	1.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		376.15
% of Calories		58.1%
Nutrient Guideline		

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	Portion Size	Carb (g)
Thu - 01/18/2018		
Nutrient Info-Breakfast	Total	
Hot Ham& Cheese Breakfast	1 each	32.06
.	.	0.0
Yogurt Parfait, Berry w/Graham	servings	47.01
Yogurt Parfait, Berry-only	servings	29.01
Graham Cracker only	packet	19.63
.	.	0.0
Yogurt Parfait,Peachw/Gram crk	servings	49.13
Yogurt Parfait,Peach-only	servings	29.74
Graham Cracker only	packet	19.63
.	.	0.0
Applesauce Quickbread-2oz	2 oz	64.08
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Peanut Butter & Jelly Bar	1 each	32.6
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Strawberries (1/2 cup)	1/2 cup	33.05
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		647.56
% of Calories		68.2%
Nutrient Guideline		

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Nutrient Info-Breakfast

Portion Values - Detailed

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Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Fri - 01/19/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
French Toast Stix-WG/IW	1 each	38.02
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Gems, chocolate	1 each	41.87
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Pear cup, commodity	1/2 cup	14.56
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		430.69
% of Calories		63.8%
Nutrient Guideline		

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Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

	Portion Size	Carb (g)
Mon - 01/22/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
Breakfast Sausage Sandwich I/W	1 Each	26.3
.	.	0.0
Pancake on a Stick	1 Each	19.39
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
PB&J - Breakfast	1 each	58.37
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Mixed Fruit cup,commodity	1/2 Cup	17.27
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
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Milk,Chocolate, Foster Farms	8 oz	22.0
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Nutrient Info-Breakfast

Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Tue - 01/23/2018		
Nutrient Info-Breakfast	Total	
Burrito,Chorizo Egg & Potato	servings	31.0
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Smoothie, Blueberry	12 oz	38.08
Smoothie, Peach	12 oz	57.33
Smoothie, Strawberry	12 oz	60.4
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Roll, WG Cinnamon	1 each	43.21
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Peach Cup	serving(s)	59.95
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Salsa, commodity	1 each	1.89
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		601.43
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	Portion Size	Carb (g)
Wed - 01/24/2018		
Nutrient Info-Breakfast	Total	
Burrito, Chili Relleno	1 Each	36.15
.	.	0.0
Biscuit W/Sausage/W	1 Each	25.0
.	.	0.0
Burrito, Red Chili Bean&Chee	1 each	41.92
.	.	0.0
Oatmeal, hot w/ Trail Mix	serving	38.76
Oatmeal, hot-only	serving	14.76
Trail Mix	1/4 cup	24.0
.	.	0.0
Gems, powdered	1 each	44.86
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Cranberry, Dried	1/4 cup	24.96
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk, Strawberry, Foster Farms	8 oz	22.0
Milk, Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Sauce, Taco, packet, 9 gram	1 each	1.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		376.15
% of Calories		58.1%
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	Portion Size	Carb (g)
Thu - 01/25/2018		
Nutrient Info-Breakfast	Total	
Hot Ham& Cheese Breakfast	1 each	32.06
.	.	0.0
Yogurt Parfait, Berry w/Graham	servings	47.01
Yogurt Parfait, Berry-only	servings	29.01
Graham Cracker only	packet	19.63
.	.	0.0
Yogurt Parfait,Peachw/Gram crk	servings	49.13
Yogurt Parfait,Peach-only	servings	29.74
Graham Cracker only	packet	19.63
.	.	0.0
Applesauce Quickbread-2oz	2 oz	64.08
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Peanut Butter & Jelly Bar	1 each	32.6
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Strawberries (1/2 cup)	1/2 cup	33.05
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		647.56
% of Calories		68.2%
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ESUHSD

Base Menu Spreadsheet
 Portion Values - Detailed

Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

	Portion Size	Carb (g)
Fri - 01/26/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
French Toast Stix-WG/IW	1 each	38.02
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Gems, chocolate	1 each	41.87
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Pear cup, commodity	1/2 cup	14.56
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		430.69
% of Calories		63.8%
Nutrient Guideline		

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ESUHSD

Base Menu Spreadsheet
 Portion Values - Detailed

Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

	Portion Size	Carb (g)
Mon - 01/29/2018		
Nutrient Info-Breakfast	Total	
Grilled Cheese Breakfast I/W	1 each	29.56
.	.	0.0
Breakfast Sausage Sandwich I/W	1 Each	26.3
.	.	0.0
Pancake on a Stick	1 Each	19.39
.	.	0.0
Cereal,Frosted Mini Wheat w/Gr	bowl	42.0
Cereal,Frosted Mini Wheat-only	bowl	24.0
Graham Cracker, packet	packet	18.0
.	.	0.0
Cereal,HoneyNut W/Graham	bowl	40.0
Cereal,Honey Nut-only	bowl	22.0
Graham Cracker, packet	packet	18.0
.	.	0.0
PB&J - Breakfast	1 each	58.37
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Mixed Fruit cup,commodity	1/2 Cup	17.27
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
Weighted Daily Average		382.89
% of Calories		62.6%
Nutrient Guideline		

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ESUHSD

Base Menu Spreadsheet
 Portion Values - Detailed

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Jan 8, 2018 thru Jan 31, 2018

Nutrient Info-Breakfast

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	Portion Size	Carb (g)
Tue - 01/30/2018		
Nutrient Info-Breakfast	Total	
Burrito,Chorizo Egg & Potato	servings	31.0
.	.	0.0
Pizza, Breakfast, Bulk	1 each	17.0
.	.	0.0
Smoothie, Blueberry	12 oz	38.08
Smoothie, Peach	12 oz	57.33
Smoothie, Strawberry	12 oz	60.4
.	.	0.0
Cereal,Cinn Toast Crch&Muff	bowl	54.56
Cereal,Cinn Toast Crch-only	bowl	22.0
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Cereal,Frosted Flakes w/Muffin	bowl	51.53
Cereal,Frosted Flakes-only	bowl	18.97
Applesauce Quikbrd-1 oz	1 oz	32.56
.	.	0.0
Roll, WG Cinnamon	1 each	43.21
.	.	0.0
Juice, Orange, 100% (4oz.)	1/2 cup	16.46
Peach Cup	serving(s)	59.95
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk,Strawberry,Foster Farms	8 oz	22.0
Milk,Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Ketchup, packet, 9 gram	1 each	3.0
Salsa, commodity	1 each	1.89
Jalapeno, sliced	1 oz	0.94
Weighted Daily Average		601.43
% of Calories		68.4%
Nutrient Guideline		

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ESUHSD

Jan 8, 2018 thru Jan 31, 2018

Base Menu Spreadsheet

Nutrient Info-Breakfast

Portion Values - Detailed

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Generated on: 12/20/2017 9:40:16 AM

	Portion Size	Carb (g)
Wed - 01/31/2018		
Nutrient Info-Breakfast	Total	
Burrito, Chili Relleno	1 Each	36.15
.	.	0.0
Biscuit W/Sausage/W	1 Each	25.0
.	.	0.0
Burrito, Red Chili Bean&Chee	1 each	41.92
.	.	0.0
Oatmeal, hot w/ Trail Mix	serving	38.76
Oatmeal, hot-only	serving	14.76
Trail Mix	1/4 cup	24.0
.	.	0.0
Gems, powdered	1 each	44.86
.	.	0.0
Sunbutter&Jelly Sand-Brkfst	1 each	53.74
.	.	0.0
Juice, Apple(4oz.)	1/2 cup	8.0
Cranberry, Dried	1/4 cup	24.96
.	.	0.0
Milk, White, Foster Farms	8 oz	16.0
Milk, Strawberry, Foster Farms	8 oz	22.0
Milk, Chocolate, Foster Farms	8 oz	22.0
.	.	0.0
Sauce, Taco, packet, 9 gram	1 each	1.0
Ketchup, packet, 9 gram	1 each	3.0
Weighted Daily Average		376.15
% of Calories		58.1%
Nutrient Guideline		

Weighted Average		487.87
		64.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	487.87	64.72%						

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