

Chef Solus Lunch Crossword Puzzle



Across

- 3 Lemon juice on top of sliced apples help prevent _____
- 4 You need an ____ pack in your lunch box (burrr)
- 7 Besides your backpack, make sure you have your _____
- 9 Trail mix usually contains these
- 10 Ranch dressing is a good dip for _____
- 12 Many kids don't like the _____ on bread
- 13 Crackers and _____ is a good side dish
- 14 Your bones gets strong when drinking this
- 15 These small sweet fruit can be green, red or black

Down

- 1 Hummus is a dip made of this bean _____
- 2 A very popular kid's sandwich _____
- 5 Milk contains this mineral to make bones strong
- 6 This container will keep your pasta warm at school _____
- 8 Vanilla yogurt goes good with fresh _____
- 11 This cracker rhymes with Sam _____