Across
5 The small meal after breakfast and before lunch
8 Belgium _______ with strawberries
11 This meal helps you do great in school
12 This fruit juice has vitamin C
14 Put cream cheese or peanut butter on this
15 Ome_ _ _ with mushrooms and cheese

Down
1 French _____ or pancakes
2 This taste great with whole grain cereal
3 This comes from a cow but its not white
4 Home fries or hash_____ 
6 Some kids like to eat this without milk.
7 Bananas, strawberries and yogurt mixed together to make a _______
9 Mickey Mouse shaped _______ with eggs
10 Eat this warm with milk, raisins, and brown sugar.
13 Scrambled, poached and fried _____

Source:  www.ChefSolus.com
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