

EAST SIDE UNION HIGH SCHOOL DISTRICT
830 N. CAPITOL AVENUE – SAN JOSE, CA 95133

***H1N1 Influenza Virus Update
and Resources***

Last updated: April 30, 2009 6:30 p.m.

School will be in session on Friday, May 1.

Today, at 4:00 p.m., the Public Health Department held a press conference. Four additional schools have been closed due to suspected H1N1 influenza virus. None of the schools are East Side Union High School District schools nor are they schools in our feeder districts.

Also, it has been reported that some of you have received hoax text messages that students at our schools have the H1N1 influenza virus; that information is false. The Santa Clara County Public Health Department is charged with notifying schools and the community about any newly confirmed cases of H1N1 influenza virus. Following our health protocol we, the district, immediately notify parents, students, and staff regarding the status of the school and its students.

We invite you to explore many helpful resources listed on our website, including the [Home Care Guide: Providing Care At Home During Pandemic Flu](#).

Prevention and Minimizing the Spread of the H1N1 Virus

To prevent and minimize the spread of the H1N1 influenza virus:

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Wash your hands often with soap and water, especially after you cough or sneeze.
- Avoid close contact with sick people.
- Get plenty of sleep, drink plenty of fluids, and eat nutritious food.
- Stay home if you become ill.
- Call in to your school if your child becomes ill showing the symptoms listed above.

Community Health Status

There are no confirmed cases of the H1N1 influenza virus in the East Side Union High School District community.

All ESUHSD schools are open and operating normally. Please feel secure in sending your children to school. Screening precautions are in place to monitor any student and/or staff that may appear ill.

H1N1 Influenza Virus Information Sources

- Santa Clara County Public Health Department: <http://www.sccphd.org/portal/site/phd/>
- The California Department of Education's [health information tool kit](#) designed to give schools a booster shot in dealing with flu prevention
- The California Department of Education's [Flu Prevention page](#)
- Centers for Disease Control and Prevention (CDC): <http://www.cdc.gov/swineflu/>
- Key Facts about H1N1 influenza virus (CDC) http://www.cdc.gov/swineflu/key_facts.htm
- General Information about H1N1 influenza virus (CDC) http://www.cdc.gov/swineflu/general_info.htm
- World Health Organization (WHO): <http://www.who.int/en/>
- Home Care Guide: Providing Care At Home During Pandemic Flu: <http://www.sccgov.org/portal/site/phd/agencyarticle?path=%252Fv7%252FPublic%2520Health%2520Department%2520%2528DEP%2529&contentId=46b4c11c7c8e0210VgnVCM1000048dc4a92>

Information Line

Information on the H1N1 influenza virus also is available by calling the Santa Clara County Public Health Information Line at (408) 885-3980.



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